



Instrument Pilot Certification Course
Airplane Single Engine Land

Training Course Outline (TCO)

Revision 9G

North Star Aviation Inc.
3030 Airport Road North
Mankato, MN 56001



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RECORD OF REVISIONS

<u>Number</u>	<u>Date</u>	<u>Summary of Changes</u>	<u>Affected Pages</u>
Original	June 05, 2011	Original Issue entire manual.	1–67
Rev 1	October 01, 2011	Corrections and updates	1,2,7,9,10,11,13,14 16,52,67
Rev 2	April 30, 2012	Entire manual revision	1–72
Rev 3	October 15, 2012	Merged ground and flight TCO's	1–93
Rev 4	April 15, 2013		1,2,5,7,9,13,14,15,17 44,45,47,53,54,67,68 69,71,72,73,74,86,87 89,90,91,92,93
Rev 5	December 01, 2013	Ground school time 36 hours, Type errors, ground school two floors added	1,2,4,4,7,9,10,11,12,13 15,17–39,41,42,44,45 48,49,51,53,57,58–62 64,66,71,72,74–89
Rev 6	November 17, 2014	Chief Flight Instructor change	7,17
Rev 7	January 09, 2015	Stage 1&2 flight ground lessons Grading system changes Updated GS testing requirements	1,2,4,5,7,11–15, 18–96
Rev 8	August 16, 2015	Corrected 3.5 sim allowance Adjusted some elements for better understanding & documentation of elements completed. Added rules for conducting lessons out of order.	1,2,5,7,15,18,38,39,40 46,47,50,51,53,54,57 60,61,63,64,66,67,70 75,76
Rev 9	June 1, 2017	Entire manual revision	1–109
Rev 9b	August 31, 2017	Updated to reflect the addition of Piper Archers for ASEL training	1,2,7,16
Rev 9C	July 8, 2019	Revision to grading and lesson progression sections in preparation for record keeping system change. Moved “Preflight Procedures” under “flight training review” on lesson 15.	1,2,3,7,12,13,75



RECORD OF REVISIONS cont'd

<u>Number</u>	<u>Date</u>	<u>Summary of Changes</u>	<u>Affected Pages</u>
Rev 9D	October 27, 2023	Clarified Objectives, Completion Standards, and Graduation Requirements. Some minor line item verbiage updates to be more consistent with current FAA publications. Update of Airport Terminal Floor Plan. Updated company logo on each page.	Entire Manual
Rev 9E	March 1, 2024	Added ability to use Precision Flight Controls Simulators. Added verbiage to clarify precision approach req's on stage checks.	1,2,4,6,8,12,13,17 105-113
Rev. 9F	May 31, 2024	Updated TCO to make correct reference to recently updated ACS documents.	Entire Manual
Rev. 9G	December 20, 2024	Minor updates including Training Course Revision Control, Disenrollment, facilities, and slight page re-numbering.	1, 2, 4, 6, 8, 11-13 16, 17, 102-112



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SECTION ONE

Course Description

Instrument Pilot Certification Course Airplane Single Engine Land

North Star Aviation, Inc.
3030 Airport Road North
Mankato, MN 56001

Welcome to Instrument Pilot flight training. Minnesota State University, Mankato (MNSU) and North Star Aviation, Inc. (NSA) are committed to providing you with high quality ground and flight instruction designed to transform you into an FAA-certificated Instrument Pilot. We will do everything possible to help you succeed; however, the ultimate path to an Instrument Pilot certificate requires significant effort on your part. You must come to each lesson fully prepared. This Training Course Outline (TCO) is your guide. Look ahead before each lesson so you'll know what to expect and how to prepare. For example, all ground lessons, and most flight lessons, include a section titled "REQUIRED READING/STUDY." Review the material listed there so that you can better retain the information when it's covered by your instructor. As another example, most flight lessons include a review of previously learned maneuvers, procedures, ground topics, etc. Study the lesson and go over those maneuvers/procedures ahead of time by mentally visualizing the flight (i.e. "chair flying.") This is an affordable way to practice, and it will help you progress through your training without repeating lessons. Your instructor will notice the effort, and you will benefit by making steady progress towards your Instrument Pilot certificate.



Introduction

This TCO uses the building block approach to maximize learning—each lesson follows the previous in a logical sequence from start to finish. It is divided into two courses, ground school (36 hours) and flight training (43.8 hours), and each course is further divided into stages. The ground school consists of three stages, while flight training consists of two. A student may attend ground school and flight training concurrently, or he/she may complete ground training first and then begin flight training. When a student successfully passes the final stage check of the flight training course he/she will graduate from this TCO.

Students who progress normally through the TCO may complete all the requirements in the allotted time. Those who progress quicker may complete the training in less than the allotted time, and by accomplishing less than the identified requirements, provided they meet the minimum requirements specified in 14 CFR 141 Appendix C.

Training Course Revision Control

Revisions to this TCO will be prepared by the NSA Chief Flight Instructor(s), and a record of revisions will be maintained beginning on page 6. Major revisions to this TCO requiring an update to NSA's Electronic lesson grading software will be designated numerically (ex. 1, 2, 3, etc.). Minor revisions to this TCO that do not significantly affect the grading of lessons in NSA's Electronic record keeping system will be designated alphanumerically (ex. 1A, 2C, 3B, etc.).

Course Objective

The student will obtain the knowledge, skill, and aeronautical experience necessary to meet the requirements for an Instrument Rating, Airplane Single Engine Land.

Completion Standard

This course is complete when the student has satisfied each lesson including the EOC check and FAA written exam, and when they have attained the experience required by 14 CFR Part 141 Appendix C to obtain an Instrument Rating, Airplane Single Engine Land.

Enrollment

Students will be enrolled in the ground and flight training courses separately. They must meet specific prerequisites for each course.

Ground School Prerequisites: Prior to beginning Instrument Pilot ground school a student must possess a Private Pilot Certificate, Airplane Single Engine Land, or he/she must have completed North Star Aviation's Private Pilot Ground School TCO.

Flight Training Prerequisites: Prior to beginning the flight training syllabus a student must be enrolled in, or have completed, the Instrument Pilot ground school TCO, and he/she must possess a Private Pilot Certificate, Single Engine Land, and a current FAA medical (first, second, or third class.)

Student enrollment is documented by a paper and/or electronic enrollment certificate signed by the Chief or Assistant Chief Instructor. In addition to the enrollment certificate, students will receive a copy of this TCO and a Safety Procedures and Practices manual (a.k.a. Flight Operations Manual.)

[Note: As required in 14 CFR 141.93(a) a "copy" will be defined as a written copy, emailed copy, an electronic copy in a PDF format that may be distributed to the student through a central download site or delivered through an electronic means.]

Disenrollment

The Chief Instructor will terminate a student from this training course for any of the following reasons:

- Inability to complete any stage of this TCO within 8 months (244 days) of conducting the first lesson of the stage
 - Students who began a stage before this TCO revision date will be given 8 months from the date of revision to complete that stage
 - Students who experience medical and/or family difficulties during this course of training will be able to extend this deadline if approved by the Chief Flight Instructor. Any extensions granted will be documented in the students training record, and they will be considered binding.
- Inactivity; poor attendance of the scheduled flight labs
 - Students will refer to NSA's Flight Operations Manual (FOM) for flight lab attendance and no-show/cancellation policies
- Academic failure or withdrawal of the ground school
 - Students Training account may be placed on hold while a student re-enrolls in the Ground school course; however, the 8 month time frame will still apply for stage completion.
- Any other reason the Chief Instructor determines valid

Lesson Progression

This TCO uses the building block approach to maximize learning – each lesson follows the previous in a logical sequence from start to finish. Lessons will be conducted in order, unless there is a logical reason (weather, resource availability, schedule conflicts, etc). to skip a lesson. It is permissible to perform lessons in an individual stage out of order; however, the instructor will ensure that the lesson being skipped does not introduce topics that are reviewed on the lesson to be performed. Topics are commonly introduced on ground lessons, so extra care will be taken to ensure nothing is introduced prior to skipping a ground lesson.

Instructors will consult with their supervising Assistant Chief Flight Instructor before skipping to look at ways to complete the lessons in order. Approval to skip will be documented in the students Talon file.

To complete a flight lesson all required maneuvers must receive a passing grade in an airplane; however, additional flight training may be performed in the Precision Flight Controls DCX Max Advanced Aviation Training Device (AATD). Simulator lessons may be completed in an airplane provided the lesson topics are able to be performed in the airplane (e.g. spins and other emergency procedures that would fall outside of NSA's FOM would not be able to be completed in the airplane.).

Ground School Testing

Instrument Pilot Ground School exams are instructor-created and employ testing methods similar the FAA's knowledge exam. However, to ensure student comprehension ground instructors are encouraged to employ additional testing methods such as fill-in-the-blank, short essay, oral quizzing, etc. Ground school stage exams are designed to cover the material introduced in the stage. The final stage exam (Stage Three Exam) will cover all course material, and it will provide a good measurement of student ability to pass the FAA knowledge exam.

A student who fails to receive a passing grade on any stage exam may continue with the next stage of training. For part 141 purposes a failing grade will be considered a grade less than 70%. The first score will reflect on the student's academic grade; however, any failed exams will be retaken until a grade of 70% or higher is achieved prior to TCO Graduation.

Flight Training Testing

The Instrument End of Course ground check is an oral examination like the oral portion of FAA practical test. It will be conducted with a plan of action that covers the required elements of the lesson and the required elements of the applicable FAA Test Standards.

The Instrument End of Course flight check is a flight examination like the flight version of FAA practical test. It will be conducted with a plan of action that covers the required elements of the lesson and the required elements of the applicable FAA Test Standards. Both the ground stage checks, and flight stage checks work together to meet all FAA requirements. Because of this relationship, check pilots may use discretion to continue assessing ground items on the flight portion if the evaluator determines knowledge would be better demonstrated in the flight environment.

Incomplete or unsatisfactory results of an End of Course check will need to be completed and satisfied within 60 days of the original date of the start of the check. When more than 60 days has elapsed since the start of the End of Course check, the examiner must test the student on all areas of operation required for that certificate. Receiving an unsatisfactory grade three times on any combination of the ground and flight portions of an End of Course check will result in repeating the entire ground and flight check series.

Flight Training Lesson Grading

Lesson items or maneuvers are graded on a letter scale of “S”, “U”, “I”, and “N/A” based on the following table and procedures:

Grade	Description	Result	Application
S	Satisfactory	PASS	The lesson completion standards have been met
U	Unsatisfactory	FAIL	Performance did not meet completion standards
I	Incomplete	N/A	Required item/maneuver was not performed
N/A	Optional	N/A	Task is not a TCO requirement

- For a lesson to be completed all required items/maneuvers must receive a passing grade of “S”.
- Where there are optional items/maneuvers on a lesson that were not performed, the instructor will use an “N/A” indicating the item was not required to complete the lesson. Otherwise, the appropriate grade of “S” “U” or “I” is required.
- When an individual item/maneuver is graded “U” it will require further training on the same or subsequent training sessions until a grade of “S” is earned to complete the lesson.
- If an item is graded “U” with a previous attempt resulting in a “S” the student must repeat the item until the final attempt graded of that item results in a “S”.
- In the case where required items/maneuvers were not trained or performed during a lesson a grade of “I” will be applied. That will leave the item open on the electronic system showing it incomplete.
- Any lesson that needs to be repeated more than two times will be brought to the attention of the supervising instructor (Senior CFI, Asst. Chief, Chief).
- Stage checks requiring a “Precision Approach”, are preferred to use the ILS; however, any approach meeting the requirements of the Precision approach task found in the Instrument ACS may satisfy these line items.

Simulator Lesson Conduct

Part 141 Appendix C section 4(b)(1) requires that training in an AATD be conducted in a device that is representative of the aircraft for which the course is approved; therefore, simulator lessons will be conducted in a simulator configured for the aircraft applicable to the stage of training that lesson is found in.

Documentation

Students will document all flight and simulator training time used to earn the Instrument Pilot Certificate in their logbooks per 14 CFR 61.51. Additionally, the training provider will maintain paper and/or electronic training records for each student for a period of not less than one year per 14 CFR 141.101. All lessons in the record system will reflect the TCO presented here, and all flights will be tracked to the corresponding lesson flow.

Graduation

To graduate from this Instrument Pilot Course, a student must have satisfied the Course Completion Standard. The student’s training records will be audited per NSA’s Student Training Record Certification process to ensure the above requirements are met, and a graduation certificate, signed by the Chief or Assistant Chief Instructor will be issued.



SECTION TWO

Personnel

Chief Instructor

The Chief Instructor must meet the minimum qualification requirements per 14 CFR 141.35 for an Instrument Pilot, Airplane Single Engine Land training course. Specifically, he/she must hold a commercial or airline transport pilot certificate, along with a current instrument flight instructor certificate, for an airplane, single engine land. He/she must also have logged at least 1,000 hours as pilot in command, including at least 100 hour of actual or simulated instrument experience, and have accumulated a total of 2 years and 250 hours, or 400 hours, of instrument flight instructor experience.

The Chief Instructor has overall responsibility for the flight school training program. He/she will conduct initial and annual qualification checks of flight instructors, unless delegated to the Assistant Chief Instructor or an approved stage check pilot. Other duties, as outlined in 14 CFR 141.85, include certification of student training records, graduation certificates, stage and final test reports, and stage and final test recommendations. These duties are detailed in NSA's Student Training Record Certification process and may be delegated to the Assistant Chief Instructor.

When training is taking place the Chief and/or Assistant Chief Instructor will be available for consultation in person or by phone, email, or text.

Assistant Chief Instructor

The Assistant Chief Instructor must meet the minimum qualification requirements per 14 CFR 141.36 for an Instrument Pilot, Airplane Single Engine Land training course. Specifically, he/she must hold a commercial or airline transport pilot certificate, along with a current instrument flight instructor certificate, for an airplane, single engine land. He/she must also have logged at least 500 hours as pilot in command, including at least 50 hour of actual or simulated instrument experience, and have accumulated a total of 1 year and 125 hours, or 200 hours, of instrument flight instructor experience.

The Assistant Chief Instructor will perform duties as delegated by the Chief Instructor and outlined above. When training is taking place the Chief and/or Assistant Chief Instructor will be available for consultation in person or by phone, email, or text.

Check Instructors

Check Instructors must meet the minimum qualification requirements per 14 CFR 141.37 for an Instrument Pilot, Airplane Single Engine Land training course. Specifically, they must hold a commercial or airline transport pilot certificate, along with a current instrument flight instructor certificate, for an airplane, single engine land. There is no minimum flight time requirement; however, check instructors must pass a test, given by the chief instructor, on teaching methods, applicable provisions of the Aeronautical Information Manual, applicable provisions of 14 CFR 61, 91, and 141, and the objectives and course completion standards of this TCO. Check Instructors will be designated in writing by the Chief Instructor and approved by the FAA.

Check Instructors will perform stage checks appropriate to their FAA approval letter, and they will assist in student record certification, as defined in NSA's Student Training Record Certification process. Additionally, Check Instructors will perform duties as delegated by the Chief Instructor. A Check Instructor may serve as the primary instructor for a student provided he/she does not conduct a stage check for that student.



Flight Instructors

Flight Instructors must hold at least a commercial pilot certificate for an airplane, single engine land, and an instrument flight instructor certificate for the same category and class. Flight Instructors will train students per this TCO, will document all training in the students' records, and will ensure the records for their assigned students are kept in good order and in accordance with NSA's record-keeping plan.

Chief Ground Instructor (if applicable)

To be eligible for designation as chief instructor for a ground school course a person must have 1 year of experience as a ground school instructor at a certificated pilot school.

Ground Instructors

Ground instructors must hold a flight or ground instructor certificate with the appropriate rating for this course. If a person does not meet these requirements he/she may still be assigned ground training duties provided the chief instructor finds the person qualified and the training is given while under the supervision of the Chief Instructor or the Assistant Chief Instructor.

Ground Instructors are responsible for keeping attendance and will provide NSA with an attendance record following each class period. If a student misses a class he/she must make it up with the Ground Instructor or with a NSA Flight Instructor. At the end of the course Ground Instructors will certify student completion in a manner acceptable to the Chief Instructor, who will then ensure the students' training records are updated.

Dispatcher

Dispatchers are responsible for releasing flights during normal training hours. NSA will train dispatchers on how to enter aircraft and student information, how to review student flight logs and documents for appropriate endorsements and currency, how to print dispatch releases, and how to understand aircraft maintenance due dates, among other duties.

SECTION THREE

Resources

Ground Instruction Facilities

Ground instruction is conducted in facilities occupied by North Star Aviation, Inc. at Mankato Regional Airport, and in rooms available to the Department of Aviation on campus at Armstrong Hall, Minnesota State University, Mankato. Details of ground instruction facilities, including room square footage, seating capacity, tools and resources, heating and ventilation, etc. are listed in Appendix A.

Airports

Training flights originate from Mankato Regional Airport (KMKT). Other airports in the vicinity, such as Waseca (KACQ) and New Ulm (KULM) are also available for instrument approach work. As the base of origination, KMKT meets all requirements per 14 CFR 141.38.

Airport Facilities

The Mankato Regional Airport is equipped with two flight briefing areas located in the terminal. Both briefing areas provide communication access to Flight Service and/or the internet. A 1,670 sq. ft. training room (Flight Office 139) consists of instructor cubicles (18), tables, dry erase boards, aeronautical charts, and current publications such as the FAR/AIM. This training room can support up to 38 students at a time. There are three offices used for the Chief and Assistant Chief Flight Instructors (144, 145, and 146), and each can hold 2-3 students. These three offices are equipped with tables, whiteboards, and monitors capable of being hooked up to with laptop computers. Two 86 sq. ft. rooms (135A and B) are designated for stage checks/checkrides, but they could also support instruction of up to two students at a time. These rooms are equipped with tables and monitors capable of being plugged into by laptop computers. There is also a large conference room (Conference 105, 454 sq. ft) and three smaller conference rooms (106A (145 sq. ft.), 106B (190 sq. ft.), and 111 (160sq. ft.)) available for classroom training, meetings, or private one-on-one training. Each room is furnished with tables, and wall mounted TV's capable of being plugged into with laptop computers. Room 105 can hold 35 people and the three smaller rooms can hold 6 people each. Students also have access to a Student Study Lounge capable of holding 64 people, and it is furnished with tables, chairs, and vending machines. Behind the front office (FBO Staff) there is a testing center appropriately equipped to provide space for FAA written exams. The dispatch center includes a dispatch counter with room for up to three dispatchers, and informational resources on the walls such as chart of the practice areas, three TV's displaying varying information, and an AWOS monitor. See Appendix C for a floor plan of the entire facility.

NSA has also constructed office space around it's corporate hangar. The ground floor of this addition has room for four simulator bays, four table top simulators/briefing areas, and twelve cubicles for flight instructor use. This training room is 3,300 sq. ft. and up to 45 people could conduct training activities at a time. The second floor contains administrative offices, and two are set aside for Chief/Assistant Chief Flight Instructor offices, each capable of holding 4 people. This space is constructed to current local building codes and it is furnished with similar training resources as the main training area in the Airport Terminal Building.



Aircraft

North Star Aviation uses the Piper Warrior/Archer (PA-28) for its Instrument Pilot training. This is a fixed-gear, non-complex four-place aircraft with dual flight controls that meets the requirements of 14 CFR 141.39. While avionics equipment varies among each airplane, they are all equipped for day/night VFR/IFR flight in the National Airspace System (NAS), including all airspace requiring a Mode-C transponder.

Flight Simulators

North Star Aviation primarily utilizes three aircraft specific Precision Flight Controls DCX Max AATDs. The DCX max's feature motion platforms, fully enclosed cockpits, wrap around exterior visuals with a complete terrain and airport database. These simulators are dedicated to the aircraft they represent featuring actual airplane or replica components. The DCX Max simulators are capable of utilizing Pilot Edge software allowing a student and instructor to connect with actual Air Traffic Controllers to enhance training. For a copy of the FAA letter of authorization (LOA), see Appendix C.

Reference Books and Materials

All students will equip themselves with the PA-28-161/181 POH/IM as applicable, the PA-44 POH/IM, current FAR/AIM, current charts, a view limiting device, a fuel tester, and other resources applicable to complete this training course. Each lesson will contain a "Required Reading/Study" section listing applicable study materials to use during this course of training. Additionally, Appendix D contains an expanded list of supplemental references.



SECTION FOUR

Ground School



INSTRUMENT PILOT GROUND SCHOOL LESSON LAYOUT

STAGE ONE (12 HOURS)

LESSON	DISCUSSION TOPIC	REQUIRED READING/STUDY	HOURS
1	Basic Instrument Flight to include FARs for IFR flight operations	Jeppesen Instrument/Commercial 1-A	1.2
2	Aeronautical Decision Making & Judgment, crew resource management to include crew communications & coordination, High Altitude Physiology	Jeppesen Instrument/Commercial 1-B	1.2
3	Flight Instruments	Jeppesen Instrument/Commercial 2-A	1.2
4	Attitude Instrument Flying – instrument scanning	Jeppesen Instrument/Commercial 2-B	1.2
5	IFR Navigation by use of navigations systems	Jeppesen Instrument/Commercial 2-C	1.2
6	Airports, Airspace and Flight Information	Jeppesen Instrument/Commercial 3-A	1.2
7	ATC System & Procedures for Instrument Flight Operations	Jeppesen Instrument/Commercial 3-B	1.2
8	Air Traffic Control System & Procedures – Instrument Clearances	Jeppesen Instrument/Commercial 3-C; AIM Chapter 4 section 4 & 5	1.2
9	IFR Departure Charts and Procedures	Jeppesen Instrument/Commercial 4-A & B	1.2
10	STAGE ONE EXAM	Lesson 1 - 9 Referenced Pages	1.2
	TOTAL		12
	CUMULATIVE TOTAL		12



STAGE TWO (10.8 HOURS)

LESSON	DISCUSSION TOPIC	REQUIRED READING/STUDY	HOURS
11	Use of IFR enroute charts - Low Altitude Enroute Chart and Area charts	Jeppesen Instrument/Commercial 5-A	1.2
12	Enroute Procedures	Jeppesen Instrument/Commercial 5-B	1.2
13	Holding Procedures	Jeppesen Instrument/Commercial 5-C	1.2
14	Use of IFR Arrival Charts / Arrival Procedures	Jeppesen Instrument/Commercial 6-A & B	1.2
15	Use of Instrument Approach Charts and Approach Procedures	Jeppesen Instrument/Commercial 7-A & B	1.2
16	Instrument Worksheet		1.2
17	Use of Instrument VOR and NDB Approaches Procedures Charts	Jeppesen Instrument/Commercial 8-A	1.2
18	Review for Exam - Lessons 11 - 17	Lesson 11 - 17 Referenced Pages	1.2
19	STAGE TWO EXAM	Lesson 11 - 17 Referenced Pages	1.2
	TOTAL		10.8
	CUMULATIVE TOTAL		22.8



STAGE THREE (13.2 HOURS)

	DISCUSSION TOPIC	REQUIRED READING/STUDY	HOURS
20	Use of Instrument ILS Approaches Procedures Charts	Jeppesen Instrument/Commercial 8-B	1.2
21	Use of Instrument RNAV Approach Procedures Charts	Jeppesen Instrument/Commercial 8-C	1.2
22	Elementary Meteorology	Jeppesen Instrument/Commercial 9-A	1.2
23	Recognition of Critical Weather Situations, Weather Hazards to include Windshear	Jeppesen Instrument/Commercial 9-B	1.2
24	Procurement & use of Aviation Weather Reports and Forecasts -Printed Weather Products, elements of forecasting weather trends and personal observation of weather conditions	Jeppesen Instrument/Commercial 9-C	1.2
25	Procurement & use of Aviation Weather Reports and Forecasts - Graphic Weather Products	Jeppesen Instrument/Commercial 9-D	1.2
26	Sources of Weather Information	Jeppesen Instrument/Commercial 9-E	1.2
27	IFR Emergencies	Jeppesen Instrument/Commercial 10-A	1.2
28	IFR Aeronautical Decision Making and judgment	Jeppesen Instrument/Commercial 10-B	1.2
29	Safe and efficient operation of aircraft under instrument flight rules and conditions	Jeppesen Instrument/Commercial 10-C	1.2
30	STAGE THREE EXAM (Final Exam)		1.2
	TOTAL		13.2
	CUMULATIVE TOTAL		36



GROUND LESSON TEMPLATE

GROUND LESSON

X.X HOURS [Approximate hours required to complete the lesson]

LESSON OBJECTIVE

Summarizes the subjects all students are expected to learn from this lesson.

ACADEMIC CONTENT

- A bulleted list of the lesson's primary subjects
 - Sub-bullets, if required
 - Sub-bullets, if required

COMPLETION STANDARDS

Summarizes how the instructor will assess student learning (e.g. oral or written quiz.) Complete comprehension results from individual study and/or practice before and after the lecture.

REQUIRED READING/STUDY

- A bulleted list of the reference materials for this lesson
- Students are expected to come prepared to each lecture...
- By studying the material from this list beforehand



INSTRUMENT PILOT GROUND SCHOOL

STAGE ONE (12 HOURS)

Lessons 1 - 10

STAGE ONE OBJECTIVES: The student will be instructed in Federal Aviation Regulations (FAR) for IFR flight operations, aeronautical decision making and judgment, crew resource management, instrument flying, advanced human factors concepts, flight instruments, IFR navigation, airports, airspace, air traffic control systems and procedures for instrument flight operations, and instrument approach and departure charts and procedures.

STAGE ONE COMPLETION STANDARDS: The stage will be completed when the student satisfactorily passes the Stage One Exam with a score of 70% or better.



GROUND LESSON 1

1.2 HOURS

LESSON OBJECTIVE

Gain an understanding of basic instrument flight to include basic regulations and ideas related to instrument flight operations.

ACADEMIC CONTENT

- Basic concepts of Instrument Flying
- IFR vs VFR
- FARs for IFR flight operations

COMPLETION STANDARDS

Through oral questions, the instructor will ensure the student has an understanding of basic concepts and regulations covering instrument flight.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 1-A



GROUND LESSON 2

1.2 HOURS

LESSON OBJECTIVE

Understand the concept of Pilot in Command, and how it relates to (CRM) cockpit resource management, (ADM) aeronautical decision making and judgment, and LOFT. Also comprehend the physiology of instrument and high altitude flight.

ACADEMIC CONTENT

- Intro to Cockpit Resource Management, Aeronautical Decision Making and judgment, LOFT
- Crew resource management to include crew communications and coordination
- Pilot in Command
- Physiology
- Spatial disorientation
- high altitude physiology
- AIM Chapter 8, Medical Factors for Pilots

COMPLETION STANDARDS

Using oral questions, the student will display a solid knowledge of flight physiology problems. They will also be able to explain the PIC concept and how it is developed in a pilot.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 1-B



GROUND LESSON 3

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend the differences in the various cockpit instrument components and a basic understanding of how they operate.

ACADEMIC CONTENT

- Pitot Static
- Gyroscopic
- Magnetic compass
- Basic EFIS systems

COMPLETION STANDARDS

Based on oral questions, the instructor will determine the student has the basic knowledge of cockpit instrumentation (to include EFIS) and a basic knowledge of how it operates.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 2-A



GROUND LESSON 4

1.2 HOURS

LESSON OBJECTIVE

The student will understand the instrument crosscheck/scan concept when flying IFR.

ACADEMIC CONTENT

- Crosscheck/scan
- Crosscheck errors
- Primary and secondary instruments
- Basic IFR flight maneuvers

COMPLETION STANDARDS

Based on oral and written questions, the student will demonstrate knowledge of the concept of instrument crosscheck and accomplishing basic instrument flight maneuvers

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 2-B



GROUND LESSON 5

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend a basic understanding of VOR, NDB, and DME principles to include using them for flight navigation. A basic understanding of RNAV navigation and requirements will also be accomplished.

ACADEMIC CONTENT

- VOR
- Description/properties
- DME
- Description/properties
- NDB
- Description/properties
- Navigational instruments
- RNAV navigation
- AIM Chapter 1, Air Navigation

COMPLETION STANDARDS

The instructor, through oral questions, will ensure the student understands the requirements for RNAV navigation, and concepts of VOR, DME, and NDB systems and navigation.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 2-C



GROUND LESSON 6

1.2 HOURS

LESSON OBJECTIVE

The student will understand airport lighting and signage and what they mean. They will also understand divisions of airspace and types of airspace and the NOTAMS that govern airports and airspace

ACADEMIC CONTENT

- Airport lighting and signage
- Airspace, general
- Special use airspace
- NOTAMS
- AIM Chapter 2, Airport Visual Aids
- AIM Chapter 3, Airspace
- AIM Chapter 4, Air Traffic Control

COMPLETION STANDARDS

By way of oral questions, the student will demonstrate knowledge of airport signs and lights as well as the various airspace designations and the NOTAM system covering these areas.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 3-A



GROUND LESSON 7

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic understanding of the Air Traffic Control system and procedures with emphasis on radar, transponders, and the procedures pilots fly with while under ATC control.

ACADEMIC CONTENT

- Radar
- Transponders
- IFR flight procedures
- AIM Chapter 4, (Section 1 and Section 2)

COMPLETION STANDARDS

Based on oral questioning, the instructor will determine the student has a basic understanding of the ATC system and procedures and the in-flight procedures associated with it.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 3-B



GROUND LESSON 8

1.2 HOURS

LESSON OBJECTIVE

The student will understand the role of ATC clearances for flight, what they mean, how to use them and the procedures to acknowledge them.

ACADEMIC CONTENT

- IFR clearances
- Enroute clearances
- AIM Chapter 4, Section 4, ATC Clearances & Aircraft Separation
- AIM Chapter 4, Section 5, Surveillance Systems

COMPLETION STANDARDS

By way of oral questions, the instructor will determine the student comprehends the role of ATC clearances, how to acknowledge them, and how to use them.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 3-C



GROUND LESSON 9

1.2 HOURS

LESSON OBJECTIVE

The student will be able to read and comprehend departure charts. In addition they will have a basic understanding of procedures associated with IFR navigation by use of departure charts and procedures. Finally, they will understand what takeoff visibility and other restrictions are and where to find them.

ACADEMIC CONTENT

- Standard Instrument Departures
- Depiction/reading the chart
- Takeoff requirements
- Visibility requirements
- Aim Chapter 5, Section 2, Departure Procedures

COMPLETION STANDARDS

By means of pictures and oral questions, the student will demonstrate a basic knowledge of departure charts, procedures, takeoff requirements, and visibility.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 4-A&B



GROUND LESSON 10

1.2 HOURS

LESSON OBJECTIVE

This lesson assesses the student's comprehension of material introduced in Stage One.

ACADEMIC CONTENT

Stage One Exam

COMPLETION STANDARDS

This lesson is complete when the student passes the Stage One Exam with a minimum score of 70%

REQUIRED READING/STUDY



INSTRUMENT PILOT GROUND SCHOOL

STAGE TWO (10.8 HOURS)

Lessons 11 - 19

STAGE TWO OBJECTIVES: The student will be instructed in the use of low altitude enroute charts and area charts, holding procedures, arrival charts and procedures, instrument approaches using various navigation systems (e.g. VOR and NDB), instrument approach procedures, and printed and graphic weather products.

STAGE TWO COMPLETION STANDARDS: The stage will be completed when the student satisfactorily passes the Stage Two Exam with a score of 70% or better.



GROUND LESSON 11

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend use of low altitude Enroute and area charts to include a basic understanding of chart symbols, IR routes and the definition of various altitudes depicted throughout these charts.

ACADEMIC CONTENT

- Chart symbols
- Reading/interpreting the chart
- IR routes
- Altitudes depicted on low altitude charts

COMPLETION STANDARDS

Based on low altitude Enroute chart pictures and oral questions, the student will show a basic understanding of how to read and interpret the low Enroute chart including IFR routes and altitude depictions.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 5-A



GROUND LESSON 12

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic understanding of Enroute flight procedures to include the various pilot reports, required navigation performance, RVSM airspace/requirements and preferred routing.

ACADEMIC CONTENT

- Required pilot reports
- RNP for RNAV
- Altitudes
- RVSM airspace
- Preferred routes
- AIM Chapter 1, Section 1, Navigation Aids
- AIM Chapter 5, Section 3, Enroute Procedures

COMPLETION STANDARDS

By means of oral questions, the instructor will ensure the student has a basic understanding of enroute procedures, RVSM requirements, any preferred routing, and the RNP now used for RNAV navigation.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 5-B



GROUND LESSON 13

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic knowledge of holding patterns to include entry procedures, speeds, clearances, depictions and in-flight procedures when flying a holding pattern.

ACADEMIC CONTENT

- Clearances
- Depictions
- Entry
- Airspeeds
- Other in-flight procedures

COMPLETION STANDARDS

Through written and oral questioning, the instructor will determine the student has a basic understanding of all aspects of holding patterns to include the in-flight procedures used when flying one.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 5-C



GROUND LESSON 14

1.2 HOURS

LESSON OBJECTIVE

The student will obtain a basic knowledge of Standard Arrival charts and procedures. The student will be able to read and interpret the various charts.

ACADEMIC CONTENT

- Depictions/reading the STAR
- Understanding the STAR
- AIM Chapter 5, Section 4, Arrival Procedures

COMPLETION STANDARDS

Based on STAR depictions and oral questions, the student will show a basic knowledge of Standard Arrival charts and flight procedures when flying them.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 6-A&B



GROUND LESSON 15

1.2 HOURS

LESSON OBJECTIVE

The student will acquire a basic understanding of use of instrument approach procedure charts for precision and non-precision approaches including reading and understanding the chart depictions, approach categories, circling approaches and missed approaches.

ACADEMIC CONTENT

- Precision approaches
- Chart depictions
- Non-precision approaches
- Chart depictions
- Approach categories
- Circling approaches
- Missed approaches

COMPLETION STANDARDS

Based on oral questions and approach depictions, the student will show a basic understanding of precision and non-precision approaches to include approach categories, missed approaches and circling approaches.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 7-A&B



GROUND LESSON 16

1.2 HOURS

LESSON OBJECTIVE

The student will complete an instrument worksheet covering departure, enroute, arrival and airport questions. The worksheet will be in the form of an actual planned flight.

ACADEMIC CONTENT

- Instrument Worksheet

COMPLETION STANDARDS

The student will complete the planned worksheet with at least a 90% completion standard.

REQUIRED READING/STUDY



GROUND LESSON 17

1.2 HOURS

LESSON OBJECTIVE

The student will obtain a basic knowledge of use of instrument VOR and NDB approach charts, approach procedures, approach requirements and the techniques for flying these approaches.

ACADEMIC CONTENT

- Chart depictions/reading the chart
- Procedures
- Techniques
- Approach requirements

COMPLETION STANDARDS

Using oral questions, and chart depictions, the student will show a basic understanding of VOR and NDB approaches, requirements, and some techniques to use when flying these approaches.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 8-A



GROUND LESSON 18

1.2 HOURS

LESSON OBJECTIVE

The student will review those discussion areas covered in lesson 11 through lesson 17.

ACADEMIC CONTENT

- Review for exam
- All topics covered in Lesson 11 through Lesson 17.

COMPLETION STANDARDS

The student will show a comprehensive knowledge through oral questions and chart depictions of subjects and topics discussed in lesson 11 through lesson 17.

REQUIRED READING/STUDY



GROUND LESSON 19

1.2 HOURS

LESSON OBJECTIVE

This lesson assesses the student's comprehension of material introduced in Stage Two.

ACADEMIC CONTENT

Stage Two Exam

COMPLETION STANDARDS

The stage will be completed when the student satisfactorily passes the Stage Two Exam with a score of 70% or better.

REQUIRED READING/STUDY

INSTRUMENT PILOT GROUND SCHOOL

STAGE THREE (13.2 HOURS)

Lessons 20 - 30

STAGE THREE OBJECTIVES: The student will be instructed in the use of instrument approach procedures and charts for ILS and RNAV approaches. This stage also emphasizes weather, including elementary meteorology, recognition of critical weather situations, weather hazards (e.g. windshear), procurement of aviation weather reports and forecasts, elements of forecasting weather trends, and personal observation of weather conditions. Finally, this stage covers IFR emergencies and reviews IFR aeronautical decision making and judgment for the safe and efficient operation of an aircraft under instrument flight rules and conditions.

STAGE THREE COMPLETION STANDARDS: The stage will be completed when the student satisfactorily passes the Stage Three Exam (Final Exam) with a score of 70% or better.



GROUND LESSON 20

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic knowledge of ILS approaches to include how to read their depictions, in-flight procedures, localizer only type approaches and the requirements for each of these approaches.

ACADEMIC CONTENT

- ILS components
- Chart depictions/reading the chart
- Flight procedures
- Localizer only
- Approach requirements

COMPLETION STANDARDS

The instructor, through oral questions and chart depictions, will determine the student has a basic knowledge of ILS and Localizer only approaches, their requirements and how to interpret the approach charts.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 8-B



GROUND LESSON 21

1.2 HOURS

LESSON OBJECTIVE

The student will obtain basic comprehension of RNAV approaches to include how to read and interpret RNAV approach charts, the types of RNAV approaches, in-flight procedures, RNP and WAAS concepts and approaches.

ACADEMIC CONTENT

- RNAV depictions/reading the chart
- GPS
- VNAV/LNAV
- WAAS
- Procedures

COMPLETION STANDARDS

Through oral questions and chart depictions and pictures, the instructor will ensure the student has a basic comprehension of RNAV approaches, charts, requirements, RNP and WAAS.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 8-C



GROUND LESSON 22

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic understanding of atmospheric conditions and how they affect weather to include wind, clouds, and atmospheric stability.

ACADEMIC CONTENT

- Weather factors
- Wind
- Atmosphere
- Stability
- Clouds
- Moisture
- AIM Chapter 7, Section 1, Meteorology
- AIM Chapter 7, Section 2, Altimeter Setting Procedures

COMPLETION STANDARDS

The instructor will use oral questions to determine the student has a basic knowledge of atmospheric properties and how they affect stability, wind, clouds, and moisture.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 9-A



GROUND LESSON 23

1.2 HOURS

LESSON OBJECTIVE

The student will obtain the basic knowledge of significant weather hazards and recognition of critical weather situations which affect flight to include thunderstorms (and all associated issues), ice, and windshear/windshear avoidance.

ACADEMIC CONTENT

- Thunderstorms
- Ice
- Windshear
- Windshear avoidance
- AIM Chapter 7, Section 1, Meteorology
- AIM Chapter 7, Section 3, Wake Turbulence

COMPLETION STANDARDS

The instructor will determine through oral questioning the student has the basic knowledge of the significant weather hazards to flight, thunderstorms and windshear.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 9-B



GROUND LESSON 24

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend how to find, read, and use the various printed weather products available to pilots and elements of forecasting weather trends with added personal observation of weather conditions.

ACADEMIC CONTENT

- METAR
- TAF
- PIREPS
- Area forecasts
- Other less essential products
- Elements of forecasting weather trends
- Personal observation of weather conditions

COMPLETION STANDARDS

Through oral questioning and pictorials of various printed weather products, the instructor will determine the student comprehends how to find, read, and use these various weather products.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 9-C



GROUND LESSON 25

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend how to find, read, and use the various graphic weather products available to pilots.

ACADEMIC CONTENT

- Prognostic charts
- Radar summary
- Symbols on charts

COMPLETION STANDARDS

Through oral questioning and pictorials of various graphic weather products, the instructor will determine the student comprehends how to find, read, and use these various weather products.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 9-D



GROUND LESSON 26

1.2 HOURS

LESSON OBJECTIVE

The student will comprehend how to find and use various sources of weather information, in-flight weather information, airborne radar, and automated weather sources.

ACADEMIC CONTENT

- FAA/online reports
- Weather advisories
- SIGMETs, AIRMETs, other reports
- On board radar
- AWOS/ASOS
- AIM Chapter 4, Section 1, Services Available to Pilots

COMPLETION STANDARDS

The instructor will use oral questioning to ensure the student has a basic comprehension of where to find and how to use various weather sources, in-flight weather sources, on board aircraft radar, and automated weather sources.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 9-E



GROUND LESSON 27

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic understanding of handling emergencies in an IFR environment. Radio failure, fuel problems, ASR approaches, and some practical applications will be included.

ACADEMIC CONTENT

- Elements in declaring an emergency
- Communication failure
- ASR approaches
- Fuel issues
- Practical applications
- AIM Chapter 6, Emergency Procedures

COMPLETION STANDARDS

The instructor will use oral questioning to determine the student has a basic understanding of in-flight emergency conditions, communication failure, ASR approaches, and other practical issues for IFR emergencies.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 10-A



GROUND LESSON 28

1.2 HOURS

LESSON OBJECTIVE

The student will obtain a basic comprehension of IFR decision making to include CRM and SRM and the processes, benefits, and pitfalls associated with them.

ACADEMIC CONTENT

- CRM/SRM
- Communication within the cockpit
- Communication with ATC
- Processes
- Pitfalls

COMPLETION STANDARDS

Through oral questioning, the instructor will determine the student has a basic comprehension of IFR decision making, CRM, and SRM.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 10-B



GROUND LESSON 29

1.2 HOURS

LESSON OBJECTIVE

The student will gain a basic knowledge of the factors to be reviewed for flight planning safe and efficient operation of an aircraft under IFR flight rules and conditions. The required documents and how to complete and use them will be included.

ACADEMIC CONTENT

- Necessary information
- Route/altitude
- Alternates
- Flight plan form
- Navigation log
- AIM Chapter 5, Section 1, Preflight

COMPLETION STANDARDS

The instructor will determine through oral questioning the student has the basic knowledge for safe and accurate IFR flight planning. They will also show they understand the required forms and how to complete and use them.

REQUIRED READING/STUDY

- Jeppesen Instrument/ Commercial Pilot 10-C



GROUND LESSON 30

1.2 HOURS

LESSON OBJECTIVE

This lesson assesses the student's comprehension of all material covered in the Instrument Ground School.

ACADEMIC CONTENT

Stage Three Exam (Final Exam)

COMPLETION STANDARDS

This lesson is complete when the student passes the Stage Three Exam (Final Exam) with a minimum score of 70%

REQUIRED READING/STUDY



SECTION FIVE

Flight Training

INSTRUMENT PILOT FLIGHT TRAINING LESSON LAYOUT

STAGE ONE (15.1 HOURS)

LESSON	TOTAL (ASEL/SIM)	DUAL (ASEL/SIM)	ASEL	DUAL X/C	INST (SIM/ACTL)*	SIM	PRE/POST
1							2.0
2	1.2	1.2	1.2		1.0		0.5
3	1.2	1.2	1.2		1.0		0.5
4	1.3	1.3	1.3		1.1		0.5
5							2.0
6	1.0	1.0			1.0	1.0	0.2
7	1.3	1.3	1.3		1.1		0.5
8	1.3	1.3	1.3		1.1		0.5
9							2.0
10	1.8	1.8			1.8	1.8	0.2
11	1.5	1.5	1.5		1.3		0.5
12	1.5	1.5	1.5		1.3		0.5
13	1.5	1.5	1.5		1.3		0.5
14							2.0
15	1.5	1.5	1.5		1.3		1.5
Stage 1 Totals	15.1	15.1	12.3		13.3	2.8	13.9

Note: Lesson hours (dual, pre/post, etc.) are approximations. Instructors will attempt to meet these times for each lesson to maximize efficiency and student learning.

**Note: All training maneuvers (e.g. steep turns, unusual attitudes, stalls, slow flight) are to be performed in simulated instrument conditions using a view limiting device.*

STAGE TWO (28.7 HOURS)

LESSON	TOTAL (ASEL/SIM)	DUAL (ASEL/SIM)	ASEL	DUAL X/C	INST (SIM/ACTL)	SIM	PRE/POST
16							3.0
17	1.8	1.8			1.8	1.8	0.2
18	1.7	1.7	1.7		1.5		0.3
19							2.0
20	1.8	1.8			1.8	1.8	0.2
21	3.0	3.0	3.0	3.0	2.8		1.0
22	1.5	1.5	1.5		1.3		0.5
23	1.5	1.5			1.5	1.5	0.5
24							1.0
25	3.0	3.0	3.0	3.0	2.8		1.0
26	1.4	1.4			1.4	1.4	0.6
27	3.0	3.0	3.0	3.0	2.8		1.0
28	4.0	4.0	4.0	4.0	3.7		1.0
29	1.5	1.5	1.5		1.3		0.5
30	1.5	1.5			1.5	1.5	0.5
31	1.5	1.5	1.5		1.3		0.5
32							2.5
33	1.5	1.5	1.5		1.3		2.0
Stage 2 Totals	28.7	28.7	20.7	13.0	26.8	8	18.3
Totals	43.8	43.8	33.0	13.0	40.1	10.8*	32.2

Note: Lesson hours (dual, pre/post, etc.) are approximations. Instructors will attempt to meet these times for each lesson to maximize efficiency and student learning.

Note: A student may complete the training in less than the allotted time, and by accomplishing less than the identified requirements, provided he/she meets the minimum requirements specified in 14 CFR 141 Appendix C.

**Note: Per 14 CFR 141 Appendix C, Section 4(b)(3), credit for flight training in a flight training device cannot exceed 40% of the total training requirement of the course or this section, whichever is less. Therefore, up to 14 hours (40% of 35) may be credited in Precision Flight Controls AATD. See the PFC Letter of Authorization (LOA) in Appendix C.*



FLIGHT LESSON TEMPLATE

LESSON #: [Flight, Simulator, or Pre/Post Ground]

X.X HOURS DUAL/SOLO [Approximate flight hours required]

X.X HOURS INSTRUMENT [Simulated or actual]

X.X HOURS Pre/Post [Approximate Pre/Post briefing time required]

LESSON OBJECTIVE

[Summarizes the ground and flight training the student is expected to receive and/or accomplish during this lesson. Lesson requirements will be listed here to clarify expectations.]

GROUND TRAINING: Review [Identifies elements introduced on a previous lesson]

Topic in Bold [The primary topic to reviewed]

- Square bullets represent graded items
 - Not graded; extra information
 - Not graded; extra information
- OPTIONAL [Not required]

GROUND TRAINING [Identifies topics to be introduced on this lesson]

Topic in Bold [The primary topic to introduced]

- Square bullets represent graded items
 - Not graded; extra information
 - Not graded; extra information
- OPTIONAL [Not required]

FLIGHT TRAINING: Review [Identifies maneuvers/skills to be reviewed on this lesson.]

Maneuver/Skill in Bold: [The primary maneuver/skill to be reviewed]

- Square bullets represent graded maneuvers/skills
 - Not graded; extra information
 - Not graded; extra information
- OPTIONAL [Not required]

FLIGHT TRAINING [Identifies maneuvers/skills to be introduced on this lesson]

Maneuver/Skill in Bold: [The primary maneuver/skill to be introduced]

- Square bullets represent graded maneuvers/skills
 - Not graded; extra information
 - Not graded; extra information
- OPTIONAL [Not required]

COMPLETION STANDARDS

[Summarizes the level of student performance required to complete the lesson.]

REQUIRED READING/STUDY

- A bulleted list of the reference materials for this lesson
- Students are expected to come prepared to each lesson...
- by studying the material from this list beforehand



INSTRUMENT PILOT FLIGHT TRAINING

STAGE ONE (15.1 HOURS)

Lessons 1-15

STAGE ONE OBJECTIVES: The student will be instructed in the basic flying procedures and skills necessary to operate an aircraft in the IFR environment, including basic attitude instrument flying, holding procedures, and an introduction to instrument approaches.

STAGE ONE COMPLETION STANDARDS: The stage will be completed when the student satisfactorily passes the Stage One check and is able to conduct instrument flight maneuvers safely.



LESSON 1: PRE/POST GROUND 2.0 HOURS

LESSON OBJECTIVE

This lesson will introduce the student to flying by reference to instruments. The student will become acquainted with human factors, aerodynamic factors, flight instruments and general operations/limitations.

GROUND TRAINING

Enrollment – ensure the student:

- Is taking, or has taken, Instrument Ground School
- Possesses a 1st, 2nd, or 3rd class medical
- Possesses a Private Pilot Certificate, Single Engine Land
- Has TSA approval (if applicable)
- Has read and signed the flight lab Terms of Agreement (if applicable)
- Is furnished with:
 - A signed enrollment certificate
 - A copy of this TCO
 - A copy of the FOM

Required Equipment

- 91.205 required for IFR
- Kinds of Equipment List (POH)

Systems and Instruments

- Pitot-static systems
- Pitot-static instrument & errors
- Compass and errors
- Compass turns
- Gyroscopic instruments
- Vacuum system

Cockpit Configurations

- Electronic Flight Information System (EFIS)
 - Attitude Heading Reference System (AHRS)
 - Air Data Computer (ADS)
- Standard “6 Pack”

Instrument Control Techniques

- Control/performance method
 - Control instruments
 - Performance instruments
 - Navigation instruments
 - Procedural steps
 - Attitude control
 - Power control
- Primary/supporting method
 - Pitch instruments
 - Bank instruments
 - Power instruments

IFR Preflight Briefing

- Apply risk management checklist to an IFR flight (PAVE)
- Weather Briefing Using 1800WXBRIEF.COM (or similar briefing tool)
- Additional required maintenance and inspections for IFR
- Instrument cockpit check and limitations
- Runway incursions
 - Low visibility
 - Importance of briefing taxi/hotspots
 - Parallel runways
- Departure clearance
 - Required information
 - Format (e.g. CRAFT)

COMPLETION STANDARDS

This lesson is complete when all material is covered.

REQUIRED READING/STUDY

- Federal Aviation Regulations (FARs) 91.205
- Instrument Flying Handbook (IFH) FAA-H-8083-15B Ch 5, 6 and 7
- Instrument Airmen Certification Standards (ACS) I. Task A
- ACS II. Tasks A-C
- ACS IV Tasks A & B



LESSON 2: FLIGHT

1.2 HOURS DUAL

1.0 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will be introduced to controlling the aircraft by sole reference to instruments. He/she will gain an understanding of known power settings, and he/she will begin to develop instrument scanning skills.

Lesson Requirements:

- Instrument Time
- 1 Landing

GROUND TRAINING

Preflight Preparation & Procedures

- Additional inspections for IFR
 - Pitot/static
 - VOR
 - GPS database currency
- VOR check
- Instrument cockpit check
 - Altimeter(s) w/n 75' of field elev. (and 50' of standby altimeter)
 - Attitude indicator(s) $\leq 5^\circ$ bank
 - Inclinator opposite turn
 - Rate of turn indicator opposite turn
 - HSI showing direction of turn
 - VSI indicating zero
 - Airspeed(s) indicating zero
 - Compass showing known headings and full of fluid
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- Departure clearance (simulated)

FLIGHT TRAINING:

Fundamentals of Instrument Flying

- Aircraft control (pitch/power/trim)
- Known power settings
- Straight-and-level flight
- Standard-rate-turns
- Timed turns
- Turns at different bank angles $\leq 45^\circ$
- Steep turns
- Constant rate climbs and level offs
- Constant airspeed climbs and level offs
- Constant rate descent and level offs
- Constant airspeed descent and levels offs
- Turns to specific headings

Navigation

- Vectors to the practice area
- GPS to the airport

Post Flight Procedures

- After landing checklist
- Close flight plan (simulated)
- Taxi diagram
- Post flight walk around

COMPLETION STANDARDS

This lesson is complete when the flight is conducted by sole reference to instruments to develop instrument scanning skills.

REQUIRED READING/STUDY

- IFH Ch 5, 6, and 7



LESSON 3: FLIGHT

1.2 HOURS DUAL

1.0 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will further develop instrument scanning skills and aircraft control by reference to instruments. The student will be introduced to slow flight, stalls, and unusual attitudes by reference to instruments.

Lesson Requirements:

- Instrument Time
- 1 Landing

GROUND TRAINING: Review

Preflight Preparation & Procedures

- Additional Inspections for IFR
 - Pitot/static
 - VOR
 - GPS database currency
- VOR check
- Instrument cockpit check
 - Altimeter(s) w/n 75' of field elev. (and 50' of stby altimeter)
 - Attitude indicator(s) $\leq 5^\circ$ bank
 - Inclinator opposite turn
 - Rate of turn indicator opposite turn
 - HSI showing direction of turn
 - VSI indicating zero
 - Airspeed(s) indicating zero
 - Compass showing known headings and full of fluid
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- Departure clearance (simulated)

FLIGHT TRAINING: Review

Fundamentals of Instrument Flying

- Aircraft control (pitch/power/trim)
- Known power settings
- Straight-and-level flight
- Standard-rate-turns
- Timed turns
- Steep turns
- Constant rate climbs and level offs
- Constant airspeed climbs and level offs
- Constant rate descent and level offs
- Constant airspeed descent and levels offs
- Turns to specific headings

Navigation

- Vectors to the practice area
- GPS to the airport

Post Flight Procedures

- After landing checklist
- Close flight plan (simulated)
- Taxi diagram
- Post flight walk around

FLIGHT TRAINING

Stall/Spin Awareness Instrument Training

- Maneuvering during slow flight
- Power-off stalls
- Power-on stalls
- Recovery from unusual attitudes

COMPLETION STANDARDS

This lesson is complete when the student can demonstrate increased proficiency in instrument scanning and aircraft control by reference to instruments. The student will be able to maintain altitude ± 200 ft, airspeed ± 20 knots, and heading $\pm 20^\circ$.

REQUIRED READING/STUDY

- IFH Ch 5, 6 and 7



LESSON 4: FLIGHT

1.3 HOURS DUAL

1.1 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will further develop instrument scanning skills and aircraft control by reference to instruments. The student will be introduced to partial panel instrument flying, practice patterns, and Vertical S Maneuvers.

Lesson Requirements:

- Instrument Time
- 1 Landing

GROUND TRAINING: Review

Preflight Preparation & Procedures

- Additional inspections for IFR
 - Pitot/static
 - VOR
 - GPS database currency
- VOR check
- Instrument cockpit check
 - Altimeter(s) w/n 75' of field elev. (and 50' of stby altimeter)
 - Attitude indicator(s) $\leq 5^\circ$ bank
 - Inclinator opposite turn
 - Rate of turn indicator opposite turn
 - HSI showing direction of turn
 - VSI indicating zero
 - Airspeed(s) indicating zero
 - Compass showing known headings and full of fluid
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- Departure clearance (simulated)

GROUND TRAINING

- Partial panel
- Vertical S**

FLIGHT TRAINING: Review

Fundamentals of Instrument Flying

- Aircraft control (pitch/power/trim)

- Known power settings
- Straight-and-level flight
- Constant airspeed climbs & level offs
- Turns to specific headings

Navigation

- Vectors
- GPS

Post Flight Procedures

- After landing checklist
- Close flight plan (simulated)
- Taxi diagram
- Post flight walk around

FLIGHT TRAINING

Partial Panel Instrument Flying*

- Straight and level flight
- Standard rate turns
- Timed turns
- Magnetic compass turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Climbing and descending turns
- Maneuvering during slow flight
- Power off stalls
- Power on stalls
- Recovery from unusual attitudes

**Note: Recommend Pattern D to practice timed/compass turns. See Appendix F*

System and Equipment Malfunctions

- Electrical system failure
- Vacuum or PFD failure

Full Panel Instrument Flying

- Vertical S-1**

***Note: See Appendix G "Vertical S Procedures"*

COMPLETION STANDARDS

This lesson is complete when the student can demonstrate increased proficiency in instrument scanning and aircraft control by reference to instruments. The student will be able to maintain altitude ± 200 ft, airspeed ± 20 knots, and heading $\pm 20^\circ$.

REQUIRED READING/STUDY

- IFH Ch 5, 6 and 7

LESSON 5: PRE/POST GROUND 2.0 HOURS

LESSON OBJECTIVE

The student will become familiar with the function, use, and limitations of VOR, DME, and GPS systems. He/she will also be introduced to holding procedures.

GROUND TRAINING

VORs

- VOR service volumes (Legacy vs New)
 - High
 - Low
 - Terminal
- Radials
- Distance between radials
 - 1° = 1nm at 60 DME
 - Time, speed, and distance calculations
- Omni bearing selector
- To/From indications
- HSI vs moveable card
- Cross radials
- DME Arc
- VOR identification
 - Visual identification (G1000)
 - Audio identification (Tune/identify/twist)
- VOR Checks
 - Date/place/error/signature
 - VOT
 - Dual
 - Airborne
 - Ground
 - VOR check publications (where to find)
- Cone of confusion

DME

- Slant range
- GPS in lieu of DME

GPS

- How GPS works
- Approved GPS for navigation
- Minimum satellites
 - Minimum for 3D position
 - Minimum for RAIM
- RAIM
 - Definition
 - Prediction
 - Loss of RAIM
- Database currency
- WAAS
- Navigation performance
 - Enroute
 - Terminal
 - Approach
- OBS mode

Holding Procedures

- Types of holds (standard vs nonstandard)
- VOR/LOC and GPS
- Holding at intersections
- Holding at stations
- Holding at waypoints
- How to enter the hold
- Speed for holding
- Expect Further Clearance (EFC) time
- ATC holding instructions
- Standard holding pattern
- Nonstandard holding pattern
- Outbound and inbound timing
- Crosswind correction

COMPLETION STANDARDS

This lesson is complete when the student is introduced to the function, use, and limitations of VOR, DME, and GPS systems and holding procedures.

REQUIRED READING/STUDY

- AIM 5-3-8(2)
- IFH Ch 9 "VOR, DME, GPS"
- IFH Ch 10 "Holding Procedures"
- ACS V (Navigation Systems)



LESSON 6: SIMULATOR

1.0 HOURS DUAL

1.0 HOURS INSTRUMENT

0.2 HOURS PRE/POST

LESSON OBJECTIVE

Introduces the student to VOR and GPS navigation, including radial interception, tracking, holding, and DME arcs (VOR only.) The student will be exposed to different holding entries and types (DME, fix, etc.)

Lesson Requirements:

- ATD Instrument Time

SIMULATOR TRAINING

VOR Navigation

- VOR orientation
- VOR radial interception
- VOR tracking IB and OB exercises
- Intercept and track a DME arc through 30 degrees or more
- Time, speed, and distance calculation
- Holding instructions (clearance, copy, readback)
- VOR hold entry
- VOR holding

GPS Navigation

- GPS checks
- GPS orientation
- GPS radial interception
- GPS hold over fix
 - Use OBS mode and a fix in practice area or published hold on an approach
- Hold over station

COMPLETION STANDARDS

This lesson is complete when the student is introduced to VOR and GPS navigation, including radial interception, tracking, holding, and DME arcs in the simulator.

REQUIRED READING/STUDY

- AIM 5-3-8(2)
- IFH Ch 9 “VOR, DME, GPS”
- IFH Ch 10 “Holding Procedures”
- ACS V (Navigation Systems)



LESSON 7: FLIGHT

1.3 HOURS DUAL

1.1 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

This lesson reinforces what was covered in the simulator, applying VOR navigation to radial interception, tracking, holding, and DME arcs while in the airplane. The student will be exposed to different holding entries and types (DME, fix, etc.)

Lesson Requirements:

- Instrument Time
- 1 Landing

GROUND TRAINING: Review

VOR Navigation

- Inbound/outbound
- Course sensitivity
- Cone of confusion
- VOR Identification

Holds

- Standard and non-standard
- Timed and DME
- Hold entries

Preflight Preparation & Procedures

- Additional inspections for IFR
- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief

FLIGHT TRAINING: Review

Full or Partial Panel Instrument Flying

- Vertical S-1, S-2, or S-3
- OPTIONAL: unusual attitude
- OPTIONAL: steep turn

FLIGHT TRAINING

VOR Navigation

- VOR orientation
- VOR radial interception
- VOR tracking IB and OB exercises
- Intercept and track a DME arc through 30 degrees or more
- Time, speed, and distance calculation
- Holding instructions
- VOR hold entry
- VOR DME holding
- VOR station holding
- OPTIONAL: vectors to the VOR final approach

COMPLETION STANDARDS

This lesson is complete when the flight is conducted with sole reference to instruments to develop VOR holding skills. The holding pattern will be flown with CFI assistance.

REQUIRED READING/STUDY

- AIM 5-3-8(2)
- IFH Ch 9 “VOR, DME, GPS”
- IFH Ch 10 “Holding Procedures”
- ACS V (Navigation Systems)



LESSON 8: FLIGHT

1.3 HOURS DUAL

1.1 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will be introduced to the operation of the GPS and holding procedures using the GPS for course guidance.

Lesson Requirements:

- Instrument Time
- 1 Landing

GROUND TRAINING: Review

Holds

- Published
- Non-published
- Holding using OBS
- Hold over fix
- Hold over station

Preflight Preparation & Procedures

- Additional inspections for IFR
- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief

FLIGHT TRAINING: Review

Full Panel Instrument Flying

- Standard rate turns
- Turns at different bank angles
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Climbing and descending turns
- Vertical S-1, S-2, or S-3

Partial Panel Instrument Flying

- Straight and level flight
- Standard rate turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Pattern D
 - Compass turn
 - Timed turn

FLIGHT TRAINING

GPS Navigation

- GPS checks
- GPS orientation
- GPS radial interception
- GPS hold over fix
 - Use OBS mode and a fix in practice area or published hold on an approach
- Hold over station
- DME arc OBS or RMI

COMPETITION STANDARDS

This lesson is complete when the flight is conducted with sole reference to instruments to develop GPS holding skills. The holding pattern will be flown with CFI assistance.

REQUIRED READING/STUDY

- AIM 5-3-8(2)
- IFH Ch 9 “VOR, DME, GPS”
- IFH Ch 10 “Holding Procedures”
- ACS V (Navigation Systems)



LESSON 9: PRE/POST GROUND 2.0 HOURS

LESSON OBJECTIVE

This lesson introduces the student to arrival, departure, and approach charts. The student will learn how to interpret and brief each type of chart, and he/she will begin to develop an understanding of IFR procedures.

GROUND TRAINING

Approach Chart Layout

- Heading section
 - Pilot briefing information
- Plan view
 - Initial Approach Fix (IAF)
 - Intermediate Fix (IF)
 - Final Approach Fix (FAF)
- Profile view
 - Step down fix
 - VDP

Landing Minimums

- Aircraft approach categories
- 91.175 descent below MDA Requirements
 - Visibility
 - Runway environment
 - A/C in a position to make a normal descent to land

VOR Approaches

- VOR approach procedures
- Operating principles
- VOR/DME RNAV approaches
- Off-airport facility
- On-airport facility
- VOR/DME approach procedures
- Vectors to final
- Missed Approach Point (MAP)

GPS Approaches

- Approach design
- GPS approaches
- GPS equipment requirements
- Navigation database
- Required Nav. Performance (RNP)
 - RAIM
- GPS overlay approach
- GPS stand alone approach
- Vectors to a GPS approach
- MAP/DA/MDA

Missed Approaches

- Initial response
- Flying the published missed
- Alternative climb-out from ATC
- Reporting
- Fuel planning

COMPLETION STANDARDS

This lesson is complete when the student is introduced to demonstrate basic skills interpreting, briefing instrument procedure charts and basic understanding of instrument procedure layouts.

REQUIRED READING/STUDY

- IFH Ch 1 pages 10-30
- ACS VI. Tasks A-E (Instrument Approach Procedures)
- Instrument Procedures Handbook (IPH) Ch 4



LESSON 10: SIMULATOR

1.8 HOURS DUAL

1.8 HOURS INSTRUMENT

0.2 HOURS PRE/POST

LESSON OBJECTIVE

The student will be introduced to GPS and VOR approach and missed approach procedures. The instructor will simulate an ATC controller, beginning the lesson with a departure clearance.

Lesson Requirements:

- 4 approaches
- ATD Instrument Time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

**Note: To build situational awareness skills one VOR approach will be flown without GPS overlay.*

SIMULATOR TRAINING

VOR Approach

- Approach briefing
- GPS overlay*
- ATC clearance
- In range memory item (WIRE)
 - **Weather**
 - **Instruments**
 - **Radios**
 - **Environment**
- IAF memory item
 - **BCCGUMPS**
- Vectors to final
- FAF memory item
 - **Time/Gear/Power/Tower**
 - **Lights x3 Flaps**
- Straight-in to land
- Missed approach
- Go-around memory item (5 C's)
 - **Cram**
 - **Climb**
 - **Clean**
 - **Cool**
 - **Call**

GPS Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item (WIRE)
- IAF memory item (BCCGUMPS)
- Vectors to final
- FAF memory item
- Straight-in to land
- Missed approach
- Go-around memory item (5 C's)

COMPLETION STANDARDS

This lesson is complete when the student is introduced to VOR, GPS, and missed approach procedures in the simulator.

REQUIRED READING/STUDY

- IFH Ch 1 pages 10-30
- ACS VI. Tasks A-E (Instrument Approach Procedures)
- IPH Ch 4



LESSON 11: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will begin flying instrument approaches (VOR and GPS) in the airplane. Vectors to final are used so he/she can concentrate on course intercepts, tracking, and altitude and airspeed control while descending to the runway environment.

Lesson Requirements:

- 2 approaches
- Instrument Time
- 1 Landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: review

Preflight Preparation & Procedures

- Additional inspections for IFR
- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
- Taxi brief

FLIGHT TRAINING

VOR Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- IAF memory item
- Vectors to final
- FAF memory item
- OPTIONAL: missed approach
- Go-around memory item

GPS Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- IAF memory item
- Vectors to final
- FAF memory item
- OPTIONAL: missed approach
- Go-around memory item

Approach Completion

- Straight-in to land
- Missed approach and hold

Post Flight Procedures

- After landing
- Checking instruments and equipment at engine shutdown
- Parking and securing the aircraft
- Instrument checks and antennas

COMPLETION STANDARDS:

This lesson is complete when the student can demonstrate increased proficiency in instrument scanning and aircraft control by reference to instruments during approach. The student will be able to maintain altitude ± 150 ft, airspeed ± 15 knots, and heading $\pm 15^\circ$ during approach.

REQUIRED READING/STUDY

- IFH Ch 1 pages 10-30
- ACS VI. Tasks A-E (Instrument Approach Procedures)
- IPH Ch 4



LESSON 12: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will review instrument flight maneuvers, partial panel instrument flying, VOR instrument approaches and holding in preparation for the Stage One check.

Lesson Requirements:

- 1 approach
- Instrument Time
- 1 Landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Instrument Procedures

- Preflight preparation and procedures
- VOR approaches
- VOR holding
- Missed approach

FLIGHT TRAINING: Review

Full Panel Maneuvers

- Vertical S-1, S-2, or S-3
- Unusual attitudes
- DME arc (unpublished; VOR only)

Partial Panel Instrument Flying

- Straight-and-level flight
- Standard-rate turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Pattern D
 - Compass turn
 - Timed turn

VOR Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- IAF memory item
- Vectors to final
- FAF memory item

Instrument Procedures

- Holding (IAF, missed, or unpublished)
- OPTIONAL: missed approach
- OPTIONAL: landing from an approach

Post Flight Procedures

- After landing
- Checking instruments and equipment at engine shutdown
- Parking and securing the aircraft
- Instrument checks and antennas

COMPLETION STANDARDS

This lesson is complete when the student can maintain basic aircraft control to ACS standards. Additionally, he/she must be able to fly each task, including briefing, tuning, setting-up, intercepting, and tracking a VOR approach course, with little guidance from the instructor.

REQUIRED READING/STUDY

- IFH Ch 1 pages 10-30
- ACS VI. Tasks A-E (Instrument Approach Procedures)
- IPH Ch 4



LESSON 13: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will review instrument flight maneuvers, partial panel instrument flying, GPS instrument approaches and holding in preparation for the Stage One check. The student will be assigned the NSA “Basic Instrument Exam” at the completion of this lesson.

Lesson Requirements:

- 1 approach
- Instrument Time
- 1 Landing

Note: In addition to the student’s logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Instrument Procedures

- Preflight preparation and procedures
- GPS approaches
- GPS holding
- Missed approach

FLIGHT TRAINING: Review

Full Panel Maneuvers

- Vertical S-1, S-2, or S-3
- Unusual attitudes
- DME arc (unpublished)

Partial Panel Instrument Flying

- Straight-and-level flight
- Standard-rate turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Pattern D
 - Compass turn
 - Timed turn

GPS Approach

- Approach briefing
- ATC clearance
- In range memory item
- IAF memory item
- Vectors to final
- FAF memory item

Instrument Procedures

- Holding (IAF, missed, or unpublished)
- OPTIONAL: missed approach
- OPTIONAL: landing from an approach

Post Flight Procedures

- After landing
- Checking instruments and equipment at engine shutdown
- Parking and securing the aircraft
- Instrument checks and antennas

COMPLETION STANDARDS

This lesson is complete when the student can maintain basic aircraft control to ACS standards. Additionally, he/she will be able to perform each task, including briefing, programming, setting up, intercepting, and tracking a GPS approach course, with little guidance from the instructor.

REQUIRED READING/STUDY

- **Basic Instrument Exam**



LESSON 14: PRE/POST GROUND 2.0 HOURS

LESSON OBJECTIVES

This ground lesson is used to prepare the student for the oral portion of his/her Stage One check, and to ensure his/her training records are in order.

GROUND TRAINING: Review

Basic Instrument Exam

- Correct to 100%

General Knowledge

- Flight instruments
- Navigation equipment
- Instrument cockpit check
- Holding procedures

Preflight Preparation

- Weather briefing
- Risk management
- Practice area selection

Aircraft Airworthiness

- 91.205 required equipment
- Required maintenance and inspections

Systems, Instruments, and Errors

- Gyroscopic instruments
- Pitot static instruments
- AHRS/ADC
- GPS/WAAS/RAIM
- VORs/DME

GROUND TRAINING

Records Audit (Student must be present)

- Complete the *Instrument Pilot Stage One Auditing Checklist* and correct all errors.
- Certify completion with a remark on this lesson's grade sheet (example below):

"I have audited all lessons for TCO compliance using North Star Aviation's Instrument Stage One auditing checklist."

COMPLETION STANDARDS

The student will demonstrate a basic understanding of safe aircraft operating principles in the IFR environment, including instrument systems, control of an aircraft by reference to instruments, partial panel control, and basic instrument procedures in preparation for the Stage One check. Additionally, this lesson is not complete until the record audit is accomplished, and all errors are corrected.

REQUIRED READING/STUDY

- All material previously covered, with an emphasis on the ACS Areas of Operations and Tasks



LESSON 15: STAGE ONE CHECK

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

1.5 HOURS PRE/POST

LESSON OBJECTIVE

The Chief/Assistant Chief Instructor or an approved Stage Check Pilot will evaluate the student's knowledge and proficiency in the items listed below to determine if he/she can operate the aircraft safely in the local environment, and to determine if he/she is ready to begin Stage Two.

Lesson Requirements:

- 1 approach
- Instrument Time
- 1 Landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

General Knowledge

- Instrument cockpit check
- Holding procedures

Preflight Preparation

- Pilot qualifications
- Weather briefing
- Risk management
- Practice area selection

Aircraft Airworthiness

- 91.205 required equipment
- 91.213 inoperative equipment
- Required maintenance and inspections

Systems, Instruments, and Errors

- Gyroscopic instruments
- Pitot static instruments
- AHRS/ADC
- GPS/WAAS/RAIM
- VORs/DME

Approaches

- Approach chart
 - Approach briefing
 - Frequencies
 - Landing minimums
 - Categories
 - Missed approach

FLIGHT TRAINING: Review

Preflight Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
- Taxi brief

Full Panel Maneuvers

- Basic aircraft control
- Vertical S-1, S-2, or S-3
- Unusual attitudes

Systems and Equipment Malfunctions

- Electrical failure
- Vacuum or PFD failure

Partial Panel

- Basic aircraft control
- Pattern D
- Timed turns
- Compass turns

VOR Navigation

- Radial interception and tracking
- VOR hold and timing procedures
- DME Arc (VOR or OBS unpublished arc only)

GPS Navigation

- Course interception and tracking
- GPS hold
- OBS function

Instrument Approach

- VOR or GPS approach
- Vectors to final
- Landing from an approach

COMPLETION STANDARDS

The student will demonstrate an application level of knowledge pertaining to the ground elements of this check. Basic aircraft control via instruments will be to ACS. The student will be able to enter holding patterns via recommended procedures, staying on the protected side, and they will be able to explain what corrections are needed to achieve the leg timing specified by the examiner. The student will turn the correct way to intercept the assigned arc and maintain ± 1.5 nm through at least 30° of that arc. When vectored to an approach, the student will be able to brief, tune or program, set-up, intercept, and track a VOR or GPS approach course with no more than a full scale deflection of the CDI, maintain airspeed ± 15 knots, and altitude above MDA, $+200/-0$ feet.



INSTRUMENT PILOT FLIGHT TRAINING

STAGE TWO (28.7 HOURS)

Lessons 16 – 33

STAGE TWO OBJECTIVES: In this stage the student will build upon the skills gained in Stage One by learning how to operate safely in the National Airspace System (NAS). This includes instrument approach procedures, instrument cross country flights, and air traffic control communications. Stage One lessons, such as area maneuvers and emergency procedures, will continue to be refined in preparation for the end of course stage check/instrument checkride.

STAGE TWO COMPLETION STANDARDS: The stage will be completed when the student demonstrates through written, oral, and practical testing that he/she meets or exceeds Instrument Pilot, Single Engine Land, Airman Certification Standards (ACS). The student's flight time in various categories, as indicated in his/her training records, must meet or exceed those set forth in FAR Part 141 Appendix C.

Students are expected to complete the FAA Instrument Pilot knowledge test prior to the end of course stage check. A logbook endorsement from the student's instructor is required before taking this written test.



LESSON 16: PRE/POST GROUND 3.0 HOURS

LESSON OBJECTIVE

This lesson introduces the student to arrival/departure procedures and precision approaches. The student will learn how to interpret and brief each type of chart.

GROUND TRAINING: Review

Approach Chart Layout

- Heading section
- Plan view
- Profile view

Landing Minimums

- Aircraft approach categories
- 91.175 descent below MDA requirements

GROUND TRAINING

ILS Approach Procedures

- Design of ILS approaches
- Course sensitivity
- DME arcs
- Vectors for ILS
- Glide Slope Intercept
- Descent power setting
- Setting/airspeed/vertical speed
- Decision height/decision altitude
- Descent below DA
- Missed approach

Localizer Only Approaches

- In lieu of ILS
- Timing to MAP

Localizer Back Course

- Reverse sensing
- Stabilized descent for non-precision

GPS WAAS

- How to know if your GPS is WAAS capable
- Differences of precision and non-precision GPS approaches
- MAP vs. DA
- Missed approach procedure
- What SUSPEND mode is and when to turn it off
- GPS hold from missed

Approach

- Procedure turn
- Holding in lieu of procedure turn

- RNAV Terminal Arrival Areas (TAA)
- No PT
- Circle to land
 - Obstacle clearance
 - MDA
 - Losing sight of the runway

Departure Charts

- Instrument departure procedures
- Pilot navigation instrument departure procedure
- Vector instrument departure procedure
- Chart format and symbols

Departure Procedures

- Takeoff minimums
- Departure options
- IFR departure procedures
- Radar departures
- VFR departures
- RNAV departures
- Selecting a departure method

Arrival Charts

- Standard Terminal Arrival Route (STAR)
- Interpreting the STARs
- Vertical navigation planning
- RNAV arrival

Arrival Procedures

- Preparing for the arrival
- Reviewing the approach
- Altitude
- Airspeeds/power settings at various points of an approach

COMPLETION STANDARDS

This lesson is complete when the student is introduced with arrival/departure procedures and precision approaches. The student will also be introduced with how to interpret and brief each type of chart.

REQUIRED READING/STUDY

- IPH Ch 1, 3, and 4
- IFH Ch 9 "ILS"
- ACS V. Task B.
- ACS VI. Tasks A-E (Instrument Approach Procedures)



LESSON 17: SIMULATOR

1.8 HOURS DUAL

1.8 HOURS INSTRUMENT

0.2 HOURS PRE/POST

LESSON OBJECTIVE

The student will be introduced to flying instrument procedures for ILS and LOC Back Course Approaches as well as missed approach procedures. The instructor will simulate an ATC controller, beginning the lesson with a departure clearance.

Lesson Requirements:

- 2 approaches
- ATD Instrument Time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

SIMULATOR TRAINING

ILS Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- DME arc
- Initial approach fix memory item
- Procedure turn
- FAF
- Missed approach
- Go-around memory item

Localizer Back Course Approach

- Back course localizer approach
- Reverse sensing
- Setting OBS to front course inbound
- Missed approach
- OPTIONAL: circle to a missed approach (lose sight of the runway)

COMPLETION STANDARDS

This lesson is complete when the student is introduced with ILS and LOC Back Course instrument approach procedures by flying each approach to the desired outcome (i.e. landing, missed approach.)

REQUIRED READING/STUDY

- ACS VI. Tasks A-E (Instrument Approach Procedures)



LESSON 18: FLIGHT

1.7 HOURS DUAL

1.5 HOURS INSTRUMENT

0.3 HOURS PRE/POST

LESSON OBJECTIVE

The student will perform ILS and LOC approaches for the first time in the aircraft. A satellite airport with an ILS approach is recommended*. A minimum of two approaches must be flown.

Lesson Requirements:

- 2 approaches
- Instrument time
- 1 Landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

**Suggested Route 1: KMKT KOWA(ILS)
KACQ(VOR A) KMKT(LOC)*

**Suggested Route 2: KMKT KFCM(ILS)
KMKT(LOC)*

GROUND TRAINING: Review

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- IFR departure clearance

FLIGHT TRAINING

ILS Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- OPTIONAL: DME arc
- OPTIONAL: vectors to final
- OPTIONAL: procedure turn
- IAF memory item
- FAF

Localizer Only Approach

- Approach briefing

- GPS overlay
- ATC clearance
- In range memory item
- OPTIONAL: DME arc
- OPTIONAL: vectors to final
- OPTIONAL: procedure turn
- IAF memory item
- FAF

VOR Approach

- OPTIONAL: vectors to final
- OPTIONAL: full procedure

Approach Completion

- Straight in to land
- OPTIONAL: circle to land
- OPTIONAL: missed approach

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPETITION STANDARDS

This lesson is complete when the student performs ILS and LOC approaches for the first time in the aircraft.

REQUIRED READING/STUDY

- ACS I. (Preflight Preparation)
- ACS II. (Preflight Procedures)
- ACS VI. Tasks A-E (Instrument Approach Procedures)
- ACS VIII. (Post Flight Procedures)



LESSON 19: PRE/POST GROUND 2.0 HOURS

LESSON OBJECTIVE

The student will learn about low enroute charts, ATC procedures, and cross-country related regulations. The student will be introduced to instrument cross country planning, weather briefing, and cross-country emergencies. The instructor and student will plan the cross country flights for lessons 20 and 21.

GROUND TRAINING

ATC Procedures

- Departure clearance and readback
- Required calls
- Canceling IFR flight plans
- “Pop Up” clearances

Cross Country Regulations

- IFR cruising altitudes
- Minimum fuel requirements
- Alternate requirements
- Alternate minimums

Low Enroute Chart

- Airways
- Stations and station information
- Reporting points
 - Compulsory
 - Non-compulsory
- Altitudes
 - MEA
 - MOCA
 - MRA
 - MCA
 - OROCA
 - MVA
- Airspace
- Special use airspace
 - Military Operations Area (MOA)
 - Restricted
 - Prohibited
 - Military Training Routes (MTR)
- Enroute weather information

Electronic Flight Bag

- Database currency
- AFD information
- Chart information
- Weather
- Flight planning
- W&B

Cross Country Planning

- Performance calculations
- Limitations
- Systems
- Navigation Log
- Calculating ETEs and ETAs
- Plan departure from non-towered and towered airports
- Enroute phase
- Approach phase
- Open and close IFR flight plans

Weather Briefing

- Briefing tools
- Prog chart WX theory
- EFB weather briefing
- Convective activity
- Icing
 - Conditions
 - Types
- Hail
- On board Wx systems
 - NXRAD

Emergencies

- Minimum fuel advisory
- Emergency fuel advisory
- Icing
- System failures
- Loss of communication

COMPLETION STANDARDS

This lesson is complete when the student is introduced with low enroute charts, ATC procedures, instrument cross-country related regulations along with planning, briefing, and emergencies.

REQUIRED READING/STUDY

- IPH Ch 2
- IFH Ch 1
- ACS Areas I-VII.



LESSON 20: SIMULATOR

1.8 HOURS DUAL

1.8 HOURS INSTRUMENT

0.2 PRE/POST

LESSON OBJECTIVE

The student will perform a practice cross country lesson in the simulator in preparation for IFR cross country flights. The instructor will assign a scenario to introduce the student to ATC procedures in the IFR environment.

Lesson Requirements:

- 3 approaches
- ATD Instrument Time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

SIMULATOR TRAINING

Cross Country Procedures

- Departure
- Enroute navigation
- Airway interception
- ATC communications
- In range procedures

Instrument Approach Procedures

- ILS approach to DA
- GPS approach
- VOR approach
- One of the above partial panel
- Vectors to final
- Full approach procedure

Approach Completion

- Missed approach procedure
- Circle to land
- Straight-in to land

Holding

- Holding entry
- OPTIONAL: IAF hold
- OPTIONAL: missed approach hold
- EFC

Emergency Procedures

- Minimum fuel advisory
- Ice build up
- Loss of electrical power
- Vacuum or PFD failure
- Loss of communication

COMPLETION STANDARDS

This lesson is complete when the student performs practice IFR cross country in the scenario with the scenario given by the instructor.

REQUIRED READING/STUDY

- ACS I. (Preflight Preparation)
- ACS II. (Preflight Procedures)
- ACS VI. (Instrument Approach Procedures)
- ACS VII Tasks A and D (Emergency Procedures)
- ACS VIII. (Post Flight Procedures)



LESSON 21: FLIGHT

3.0 HOURS DUAL X/C

2.8 HOURS INSTRUMENT

1.0 HOURS PRE/POST

LESSON OBJECTIVE

The student will be introduced to instrument cross country flights and ATC communications by conducting an IFR cross country flight along victor airways as assigned by the instructor. One leg must be 50NM from the departure airport to log cross country time; however, additional leg lengths are at the instructor's discretion. 3 instrument approaches will be flown to further develop the student's instrument confidence and skills.

Lesson Requirements:

- 3 approaches
- Instrument time
- 2 Landings

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Cross Country Flight Planning

- Weather briefing
- Filing a flight plan
- Enroute calculations
- Alternate requirements
- Alternate minimums
- ATC procedures

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
 - GPS loaded
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- IFR departure clearance

FLIGHT TRAINING

Cross Country Procedures

- Departure
- Enroute navigation
 - Victor airways
- ATC communications
- In range procedures

FLIGHT TRAINING: Review

Instrument Approach Procedures

- Precision approach to DA
- Non precision approach
- Additional approaches
- One of the above partial panel
- OPTIONAL: vectors to final
- Full approach procedure

Approach Completion

- Missed approach procedure
- Circle to land
- Straight-in to land

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student completes an IFR cross country flight with victor airways as assigned by the instructor. The student will be able to maintain altitude ± 150 ft, airspeed ± 15 knots, and heading $\pm 15^\circ$ during approach.

REQUIRED READING/STUDY

- IPH Ch 2
- IFH Ch 1
- ACS I-VII.



LESSON 22: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will review GPS, ILS, and localizer procedures.

Lesson Requirements:

- 2 approaches
- Instrument time
- 1 Landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

ILS Approaches

- DME arc
- LOC only
- Procedure turn
- Missed approach procedures
- GPS overlay
- ILS minimums
 - ILS
 - LOC
 - Circling

GPS Approaches

- "No PT"
- WAAS
- GPS minimums
 - LPV
 - LP
 - LNAV/VNAV
 - LNAV
 - Circling

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- IFR departure clearance

FLIGHT TRAINING

ILS Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- DME Arc
- IAF memory item
- FAF (glide slope intercept)

Localizer Approach

- Approach briefing
- GPS overlay
- ATC clearance
- In range memory item
- Procedure turn
- IAF memory item
- FAF

Approach Completion

- Missed approach at DA or MAP
- OPTIONAL: straight-in to land
- OPTIONAL: circle to land
- OPTIONAL: circle to a missed approach (lose sight of the runway)

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student reviews GPS, ILS and Localizer procedures and when they have flown an ILS and Localizer approach in the aircraft. The student will be able to maintain altitude ± 150 ft, airspeed ± 15 knots, and heading $\pm 15^\circ$ during approach.

REQUIRED READING/STUDY

(None)



LESSON 23: SIMULATOR

1.5 HOURS DUAL

1.5 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will review approach procedures, emergencies, and ADM scenarios.

Lesson Requirements:

- 2 approaches
- ATD Instrument time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

SIMULATOR TRAINING

Partial Panel Procedures

- Precision approach straight/circle
- Non-precision approach straight/circle
- Holding
- Missed approach

Emergency Procedures

- Communication failure
- System failure
- Instrument failure
- Engine failure
- Oil pressure low or failed
- Mode C Failure
- Mag Failure
- Icing accumulating
- Flying into an area of precipitation start light then progress to severe

System Malfunctions

- Engine problems
- Electrical failure
- Vacuum failure
- Pitot/static failure

Engine Problems

- Oil pressure/temperature scenario
- Drop in RPM
- Low fuel indicator
- Engine failure

Electrical Failure

- Single item failure alternator failure
- Total electrical failure

Vacuum Failure

- Heading indicator failure
- DG failure
- Vacuum pump failure

Pitot/Static Failure

- Airspeed indicator at zero
- Airspeed indicator acts like altimeter
- Static port blocked with ice or another object

COMPLETION STANDARDS

The student will demonstrate ADM/SPRM skills with the ability to recall emergency procedures throughout scenario based training in an IFR environment.

REQUIRED READING/STUDY

- ACS VI. (Instrument Approach Procedures)
- ACS VII Tasks A and D (Emergency Procedures)



LESSON 24: PRE/POST GROUND 1.0 HOURS

LESSON OBJECTIVE

The student will review low enroute charts, ATC procedures, cross country related regulations, and cross country planning, to include weather briefing and anticipated emergencies. Additionally, this lesson introduces ASR and Visual approaches as part of the IFR environment. The instructor and student will use this lesson to plan the cross country flight for lesson 25.

GROUND TRAINING: Review

ATC Procedures

- Departure clearance and readback
- Required calls
- Canceling IFR flight plans
- “Pop Up” clearances

Cross Country Regulations

- IFR cruising altitudes
- Minimum fuel requirements
- Alternate requirements
- Alternate minimums

Low Enroute Chart

- Airways
- Stations and station information
- Reporting points
- Altitudes
- Airspace
- Special use airspace
- Enroute weather information

Cross Country Planning

- Performance calculations
- Limitations
- Systems
- Navigation Log
- Calculating ETEs and ETAs
- Plan departure from non-towered and towered airports
- Enroute phase
- Approach phase
- Open and close IFR flight plans

Weather

- Briefing tools
 - EFB weather briefing
 - 1-800-WX-Brief
- SIGMETS/AIRMETS
- Prog chart WX theory
 - High/low pressure
 - Frontal passage
 - Wind patterns/isogonic bars
- Convective activity
- Icing
 - Conditions
 - Types
- Hail
- On Board WX systems
 - NXRAD
 - ADS-B (IN)

Emergencies

- Minimum fuel advisory
- Emergency fuel advisory
- Icing
- System failures
- Loss of communication

GROUND TRAINING

Other IFR Approaches

- ASR
 - Where to find
 - No-gryo vs. “normal”
 - Minimums
 - How to execute
- Visual approach
 - Visibility requirements
 - How to execute

COMPLETION STANDARDS

The student will have the knowledge necessary to safely plan and execute an instrument cross country flight. Additionally, the student will be able to perform a thorough pre-flight briefing, including NOTAMS, TFRs, and expected weather.

REQUIRED READING/STUDY

- IPH Ch 2
- IPH Ch 4 “Visual Approach” and “ASR”
- IFH Ch 1
- ACS I-V

LESSON 25: FLIGHT

3.0 HOURS DUAL X/C

2.8 HOURS INSTRUMENT

1.0 HOURS PRE/POST

LESSON OBJECTIVE

During this lesson the student will gain exposure to the IFR environment by conducting an IFR cross country flight along victor airways as assigned by the instructor. At least one segment will meet or exceed the 50NM cross country requirement for training. The flight will be performed to at least one towered airport, and at least 3 instrument approaches will be flown to further develop the student's instrument confidence and skills.

Lesson Requirements:

- 3 approaches
- Instrument Time
- 2 Landings

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Cross Country Flight Planning

- Weather briefing
- Filing a flight plan
- Enroute calculations
- Alternate requirements
- Alternate minimums
- ATC procedures

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
 - GPS loaded
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- IFR departure clearance

FLIGHT TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
 - Victor airways
 - Direct-to
- ATC communications
- In range procedures

Holding

- Holding entry
- OPTIONAL: ATC assigned
- OPTIONAL: published

Instrument Approach Procedures

- Precision approach to DA
- Non-precision approach
- Additional approach
- One of the above partial panel
- OPTIONAL: vectors to final
- OPTIONAL: visual approach

Approach Completion

- Missed approach procedure
- Circle to land
- Straight-in to land

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student completes IFR cross country flight over 50NM long with victor airways as assigned by the instructor. The student will be able to maintain altitude ± 150 ft, airspeed ± 15 knots, and heading $\pm 15^\circ$ during approach.

REQUIRED READING/STUDY

- IPH Ch 2
- IPH Ch 4 "Visual Approach" and "ASR"
- IFH Ch 1
- ACS I-VIII.



LESSON 26: SIMULATOR

1.4 HOURS DUAL

1.4 HOURS INSTRUMENT

0.6 HOURS PRE/POST

LESSON OBJECTIVE

The student will perform a cross country flight in the simulator to further increase ADM skills while the instructor introduces various complications to the scenario. This lesson may be conducted similarly to an airline LOFT lesson with the instructor outside of the sim allowing the student to perform as if solo.

Lesson Requirements:

- 2 charted approaches
- 1 ASR approach
- ATD Instrument Time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Cross Country Flight Planning

- Weather briefing
- Filing a flight plan
- Enroute calculations
- Alternate requirements
- Alternate minimums
- ATC procedures

SIMULATOR TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
- ATC communications
- In range procedures

Approaches

- Precision approach
- Non-precision approach
- One of the above partial panel

Engine Problems

- Oil pressure/temperature scenario
- Drop in RPM
- Low fuel indicator
- Engine failure

Electrical Failure

- Single item failure alternator failure
- Communication failure
- Total electrical failure

Vacuum Failure

- Heading indicator failure
- DG failure
- Vacuum pump failure

Pitot/Static Failure

- Airspeed indicator at zero
- Airspeed indicator acts like altimeter
- Static port blocked with ice or another object

Aeronautical Decision Making

- Re-entering clouds on a circling approach to land
- Minimum fuel on approach with no break out
- Minimum fuel while holding
- Partial loss of power
- Loss of RAIM

SIMULATOR TRAINING

ASR Approach

- ASR Approach
- OPTIONAL: no-gyro ASR

COMPLETION STANDARDS

The student will demonstrate sound ADM skills while performing simulated instrument approaches.

REQUIRED READING/STUDY

- ACS VI. (Instrument Approach Procedures)
- ACS VII. Tasks A and D (Emergency Operations)



LESSON 27: FLIGHT

3.0 HOURS DUAL X/C

2.8 HOURS INSTRUMENT

1.0 HOURS PRE/POST

LESSON OBJECTIVE

The student will continue to develop experience and confidence in the IFR environment by conducting an IFR cross country flight along victor airways as assigned by the instructor. At least one segment will meet or exceed the 50NM cross country requirement for training. The flight will be performed to at least one towered airport, and at least 3 instrument approaches will be flown to further develop the student's instrument confidence and skills. Request an ASR approach if available.

Lesson Requirements:

- 3 approaches
- Instrument Time
- 2 Landings

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Cross Country Flight Planning

- Weather briefing
- Filing a flight plan
- Enroute calculations
- Alternate requirements
- Alternate minimums
- ATC procedures

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
 - GPS loaded
- PFD/MFD screen configuration
 - Set MFD screen to taxi diagram (if applicable)
- Taxi brief
- IFR departure clearance

FLIGHT TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
 - Airways (victor or RNAV)
 - Direct-to
- ATC communications
- In range procedures

Holding

- Holding entry
- OPTIONAL: ATC assigned
- OPTIONAL: published

Instrument Approach Procedures

- Precision approach to DA
- Non-precision approach
- Additional approaches
- One of the above partial panel
- OPTIONAL: vectors to final
- OPTIONAL: ASR approach

Approach Completion

- Missed approach procedure
- Circle to land
- Straight-in to land

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student completes IFR cross country flight over 50NM along with victor airways as assigned by the instructor. The student will be able to maintain altitude ± 100 ft, airspeed ± 15 knots, and heading $\pm 15^\circ$ during approach.

REQUIRED READING/STUDY

- IPH Ch 2
- IPH Ch 4 "Visual Approach" and "ASR"
- IFH Ch 1
- ACS Areas I-VII.



LESSON 28: FLIGHT

4.0 HOURS DUAL X/C*

3.7 HOURS INSTRUMENT

1.0 HOURS PRE/POST

LESSON OBJECTIVE

The student will continue to develop instrument cross country experience and ATC communications.

***NOTE: This cross country lesson meets or exceeds 14 CFR 141 Appendix C, 4(c)(1)(i-iv), which requires a cross country flight performed under IFR consisting of a distance of at least 250 nautical miles along airways or ATC-directed routing, and with one segment of the flight consisting of at least a straight-line distance of 100 nautical miles between airports. At least one instrument approach will be flown at each airport, and at least 3 different kinds of approaches with the use of navigation systems (ILS, VOR/LOC, GPS) will be performed.**

Lesson Requirements:

- Total distance of at least 250NM
- One leg at least 100NM
- 3 different kinds of approaches
- 1 approach at each airport
- 2 landings
- Instrument time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Cross Country Flight Planning

- Weather briefing
- Filing a flight plan
- Enroute calculations
- Alternate requirements
- Alternate minimums
- ATC procedures

Preflight Preparation & Procedures

- VOR check
- Instrument cockpit check
- Cockpit management
 - GPS loaded
- PFD/MFD screen configuration

- Set MFD screen to taxi diagram (if applicable)

- Taxi brief
- IFR departure clearance

FLIGHT TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
- ATC communications
- In range procedures

Holding

- Holding entry
- OPTIONAL: ATC assigned
- OPTIONAL: published

Approaches

- ILS approach
- GPS approach
- VOR/LOC approach
- One of the above partial panel
- OPTIONAL: no-gyro ASR approach
- OPTIONAL: visual approach

Approach Completion

- Straight-in to land
- OPTIONAL: missed approach procedure
- OPTIONAL: circle to land

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the requirements of 14 CFR 141 Appendix C, 4(c)(1)(i-iv)* have been met. The student will fly the aircraft within Instrument ACS standards, and if an area is outside of ACS, the entire long cross country required by Appendix C will not need to be re-flown.

REQUIRED READING/STUDY

- 14 CFR 141 Appendix C, 4(c)(1)(i-iv)



LESSON 29: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will review GPS, ILS, VOR and partial panel approach procedures.

Lesson Requirements:

- 3 approaches
- Instrument time
- 1 landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Approach Procedures

- ILS
- VOR
- GPS
- Partial panel
- Missed approach
- Holding

FLIGHT TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
- ATC communications
- In range procedures

Holding

- Holding entry
- OPTIONAL: ATC assigned
- OPTIONAL: published

Instrument Approach Procedures

- Precision approach
- Non-precision approach
- Additional approach
- One of the above partial panel
- OPTIONAL: vectors to final

Approach Completion

- Missed approach procedure
- OPTIONAL: circle-to-land
- OPTIONAL: straight-in to land

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student completes all tasks within Instrument Rating Airplane ACS standards.

REQUIRED READING/STUDY

- **FAA Instrument Knowledge Exam (logbook endorsement required.)**



LESSON 30: SIMULATOR

1.5 HOURS DUAL

1.5 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will prepare for the instrument stage check by reviewing ILS, GPS, and VOR approaches and cross-country procedures. The instructor will have the student perform 1 straight-in to land, one circle-to-land, and one missed approach, in addition to at least one holding pattern.

Lesson Requirements:

- 3 approaches
- ATD instrument time

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

SIMULATOR TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
- Airway interception
- ATC communications
- In range procedures

Holding

- Holding entry procedures
- OPTIONAL: ATC assigned
- OPTIONAL: published (IAF or missed)

Instrument Approach Procedures

- Full panel non-precision approach
- Partial panel non-precision approach
- ILS approach to DA
- GPS approach
- VOR approach

Approach Completion

- Missed approach procedure
- Circle-to-land
- Straight-in to land

Emergency Procedures

- Minimum fuel advisory
- Ice build up
- Loss of electrical power
- Vacuum or PFD failure
- Loss of communication
- Recovery from an unusual attitude

COMPLETION STANDARDS

This lesson is complete when the student completes all tasks within Instrument Rating Airplane ACS standards.

REQUIRED READING/STUDY

- All material previously covered, with an emphasis on the ACS Areas of Operations and Tasks.



LESSON 31: FLIGHT

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

0.5 HOURS PRE/POST

LESSON OBJECTIVE

The student will prepare for the instrument stage check by practicing instrument approaches and cross-country procedures.

Lesson Requirements:

- 2 approaches
- Instrument time
- 1 landing

Note: In addition to the student's logbook, the instructor will include the approaches flown in the remarks section of the grade sheet.

GROUND TRAINING: Review

Preflight Preparation

- Pilot qualifications
- Weather information
- Cross-country flight planning

Instrument Procedures

- Departure and clearance
- Cross country procedures
- Approaches
 - ILS
 - GPS/WAAS
 - VOR/LOC

FLIGHT TRAINING: Review

Cross Country Procedures

- Departure
- Enroute navigation
- Airway interception
- ATC communications
- In range procedures

Instrument Approach Procedures

- Precision approach
- Non-precision approach
- OPTIONAL: additional approach
- One of the above partial panel
- OPTIONAL: vectors to final

Approach Completion

- Missed approach procedure
- OPTIONAL: circle to land
- OPTIONAL: straight-in to land

Maneuvers

- OPTIONAL: unusual attitudes

Emergency Procedures

- Vacuum or PFD failure
- Loss of communication

Holding

- IAF hold
- OPTIONAL: missed approach hold

After Landing & Post Flight Procedures

- Close IFR flight plan
- After landing checklist
- Parking and securing the aircraft
- Post flight inspection

COMPLETION STANDARDS

This lesson is complete when the student completes all tasks within Instrument Rating Airplane ACS standards.

REQUIRED READING/STUDY

- All material previously covered, with an emphasis on the ACS Areas of Operations and Tasks.



LESSON 32: PRE/POST GROUND 2.5 HOURS

LESSON OBJECTIVE

This lesson may immediately precede Lesson 31 (complete the audit afterwards.) It prepares the student for the oral portion of his/her Stage Two check and ensures the training records are certifiable for graduation. Refer to the Instrument Pilot ACS for a detailed list of knowledge and risk management elements (at least one of each will be assessed from every task.)

**Note: Review missed subjects from the FAA written exam. Endorse per FAR 61.39.*

GROUND TRAINING: Review*

Preflight Preparation

- Pilot qualifications
- Weather information and theory
- Cross country flight planning

Preflight Procedures

- Aircraft systems related to IFR operations
- Aircraft flight instruments and navigation equipment
- Instrument and equipment cockpit check

ATC Clearances and Procedures

- Compliance with ATC clearances
- Holding procedures

Flight by Reference to Instruments

- Instrument flight
- Recovery from unusual flight attitudes

Navigation Systems

- Intercepting and tracking navigation systems and DME arcs
- Departure, enroute, and arrival procedures

Instrument Approach Procedures

- Non-precision approach
- Precision approach
- Missed approach
- Circling approach
- Landing from an instrument approach

Emergency Operations

- Loss of communications
- Approach with loss of primary flight instrument indicators

Postflight Procedures

- Checking instruments and equipment

GROUND TRAINING

Records Audit (Student must be present)

- Complete the *Instrument Pilot Stage Two Auditing Checklist* and correct all errors.
- Certify completion with a remark on this lesson's grade sheet (example below):

"I have audited all lessons for TCO compliance using North Star Aviation's Instrument Pilot Stage Two auditing checklist."

COMPLETION STANDARDS

This lesson is complete when students can demonstrate the required knowledge to pass the oral portion of the instrument stage check.

REQUIRED READING/STUDY

- All material previously covered, with an emphasis on the ACS Areas of Operations and Tasks



LESSON 33: STAGE 2 CHECK

1.5 HOURS DUAL

1.3 HOURS INSTRUMENT

2.0 HOURS PRE/POST

LESSON OBJECTIVE

The Chief/Assistant Chief Instructor or an approved End of Course Stage Check Pilot will evaluate the student's knowledge and proficiency in all items required for an Instrument Pilot, Airplane Single Engine Land certificate. The check pilot will prepare a plan of action, emphasizing knowledge areas that were missed on the FAA written test. Refer to the Instrument ACS for a detailed list of knowledge and risk management elements (at least one of each must be assessed from every task.)

REQUIRED READING/STUDY

- All material previously covered, with an emphasis on the ACS Areas of Operations and Tasks.

Lesson Requirements:

- 3 approaches
- Instrument Time
- 1 Landing

**Note: At least one knowledge and risk management element must be assessed for each task in the Instrument ACS*

***Note: Must evaluate two non-precision approaches (different NAVAIDS).*

- One must include a course reversal maneuver (e.g., procedure turn, holding in lieu, or course reversal from IAF on a TAA).
- At least one procedure from an IAF without the assistance of radar vectors.
- One procedure with reference to backup or partial panel instrumentation or navigation display.

****Note: Must accomplish a precision approach to the decision altitude (DA)*

GROUND TRAINING: Evaluation

ACS Areas of Operation

- Preflight Preparation (AoO I) *
- Preflight Procedures (AoO II) *
- ATC Clearances and Procedures (AoO III)*

- Flight by Reference to Instruments (AoO IV)*
- Navigation Systems (AoO V)*
- Instrument Approach Procedures (AoO VI)*
- Emergency operations (AoO VII)*
- Postflight procedures (AoO VIII)*

FLIGHT TRAINING: Evaluation

Preflight Procedures (AoO II)

- Aircraft Systems Related to IFR Operations
- Aircraft Flight Instruments and Navigation Equipment
- Instrument Flight Deck Check

ATC Clearances and Procedures (AoO III)

- Compliance with ATC Clearances
- Holding Procedures

Flight by Reference to Instruments (AoO IV)

- Instrument flight
- Recovery from Unusual Flight Attitudes

Navigation Systems (AoO V)

- Intercepting and tracking Navigation Systems
- Departure, En route, and Arrival Operations

Instrument Approach Procedures (AoO VI)

- Non-precision Approach (Task A) **
- Additional Non-precision Approach (Task A) **
- Precision approach (Task B) ***
- Missed Approach (Task C)
- Circling approach (Task D)
- Landing from an Instrument Approach (Task E)

Emergency Operations (AoO VII)

- Loss of communication (Task A)
- Approach with Loss of Primary Flight Indicators (Task D)

Postflight Procedures (AoO VIII)

- Parking and securing
- Post flight inspection

COMPLETION STANDARDS

The student must meet Instrument Pilot ACS standards in all areas of operation.



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APPENDIX A

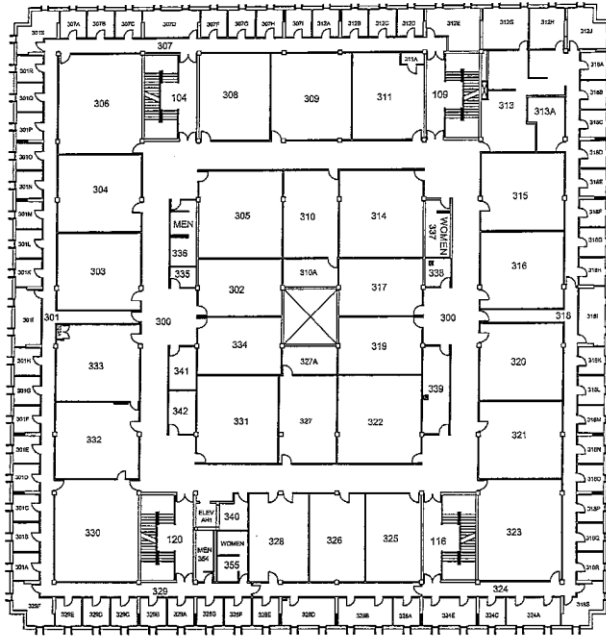
Ground Instruction Facilities

The training rooms at MNSU and NSA are well lighted, and the temperature is thermostatically controlled. Each room is ventilated and conforms to the city of Mankato building, sanitation, and health codes. The rooms are designed and located so that students will not be distracted by instruction conducted in the other rooms or by flight and maintenance operations at the airport.

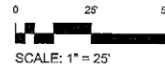
MNSU Armstrong Hall Room Capacity and Square Footage



Room #	Capacity	Sq. Ft.	Room #	Capacity	Sq. Ft.
302	33	503	334	33	501
303	36	669	202	33	504
304	43	674	203	27	665
305	48	762	204	27	670
306	58	881	205	40	761
308	42	644	208	40	650
309	40	733	209	36	741
310	32	501	211	42	650
311	41	653	213	55	882
314	40	764	214	50	761
315	34	671	215	38	581
316	44	664	216	40	763
317	30	501	217	33	503
319	33	500	219	33	505
320	32	665	220	40	761
321	38	671	221	28	581
322	35	765	222	50	770
323	58	881	225	30	522
325	30	502	231	50	762
326	25	502	232	44	668
327	26	528	233	42	668
330	43	882	101	161	1539
331	30	740	102	112	1282
332	10	673	123	42	633
333	30	669			

MNSU Armstrong Hall Room Third Floor

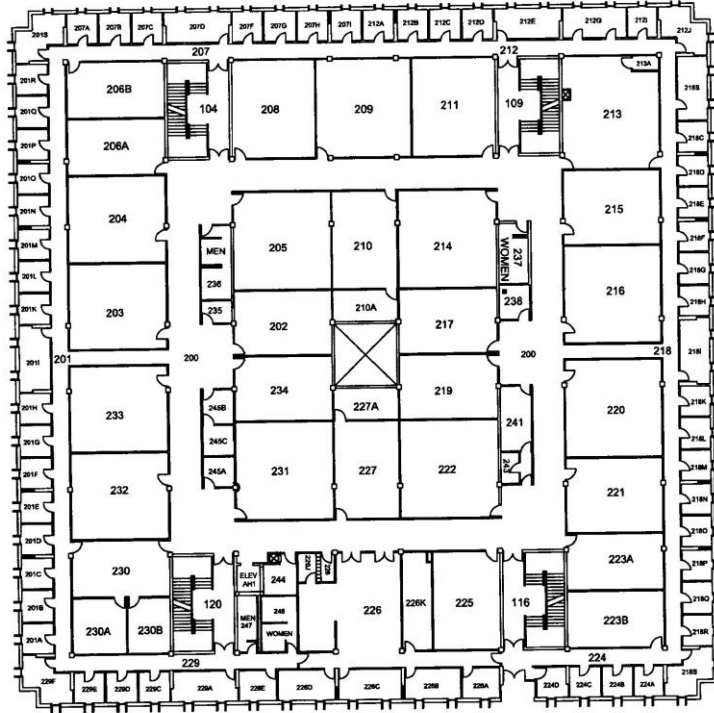


ARMSTRONG
 HALL
 THIRD FLOOR

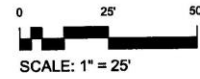


MINNESOTA STATE UNIVERSITY, MANKATO	 	Armstrong Hall
		Third Floor
FACILITIES MANAGEMENT	Scale: 1"=25' Date: 7/6/2008 Drawn By: Mike Lexvold	

MNSU Armstrong Hall Room Second Floor



ARMSTRONG
HALL
SECOND FLOOR



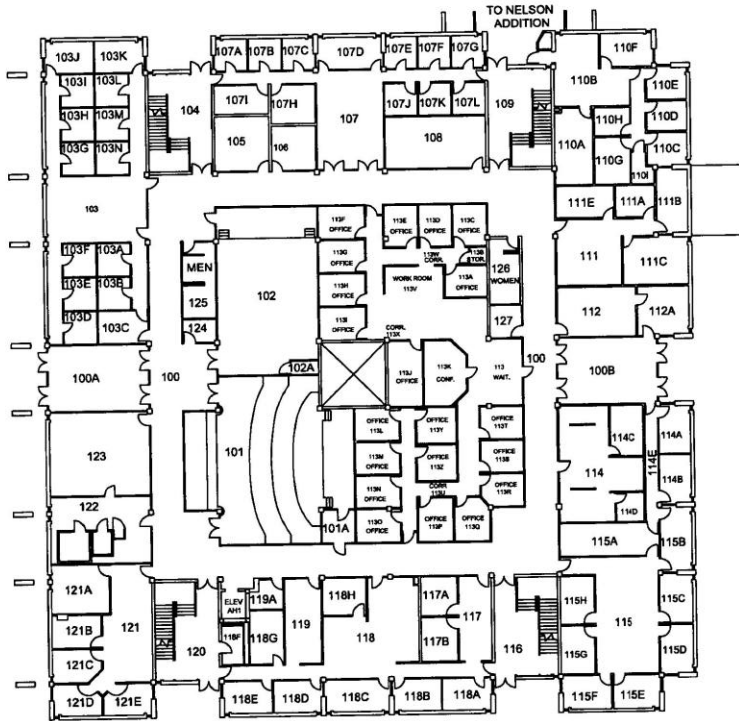
MINNESOTA STATE UNIVERSITY,
MANKATO
FACILITIES MANAGEMENT



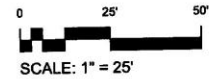
Armstrong Hall
Second Floor

Scale: 1"=25' Date: 10/05/2011
Drawn By: Room Guide

MNSU Armstrong Hall Room First Floor



ARMSTRONG
HALL
FIRST FLOOR



MINNESOTA STATE UNIVERSITY, MANKATO FACILITIES MANAGEMENT		Armstrong Hall First Floor
		Scale: 1"=25' Date: 10/29/2012
		Drawn By: Robin Gulase

APPENDIX B Airport Facilities

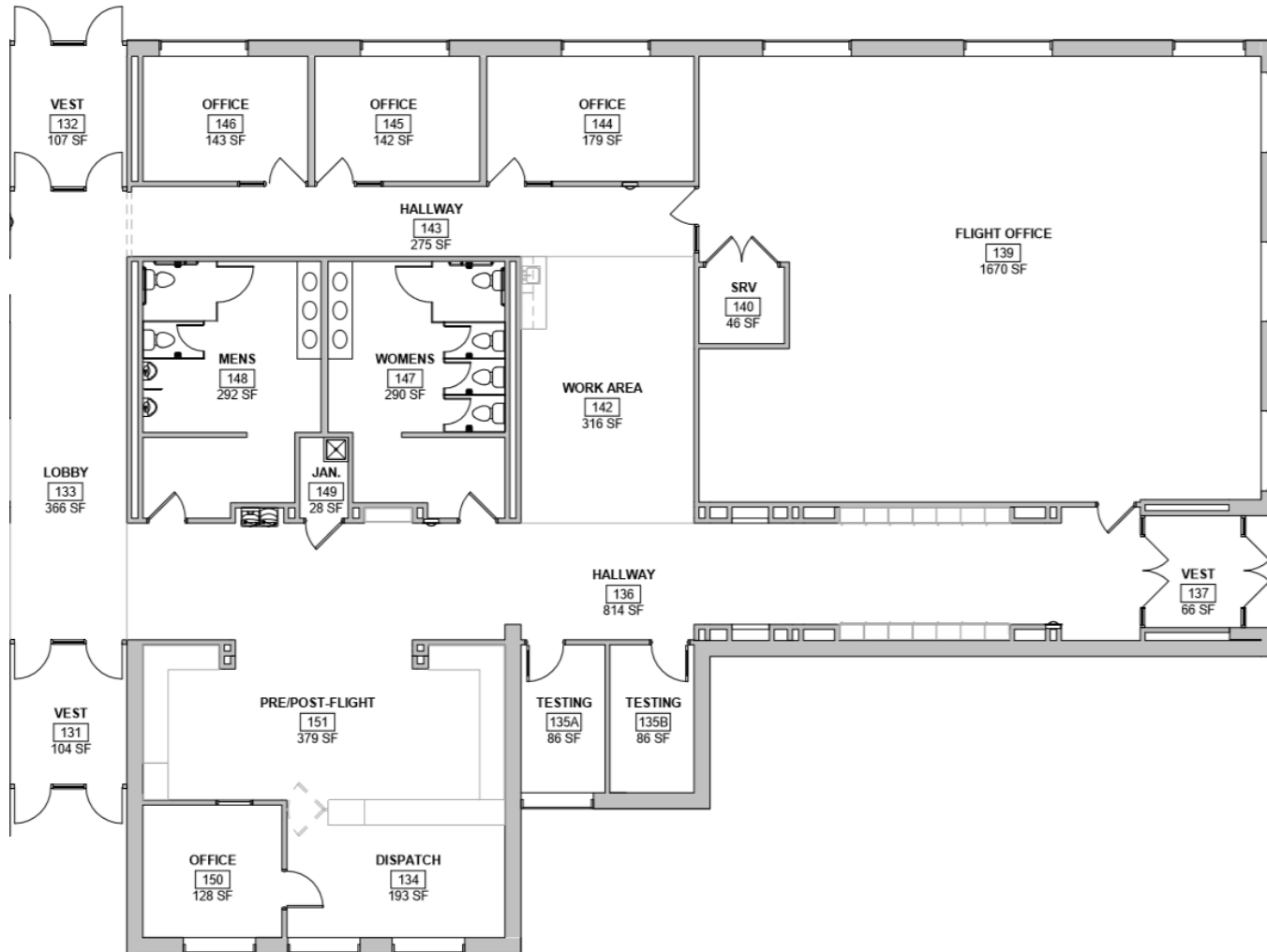
North End of Terminal

FBO Offices, Conference Rooms, Student Waiting Area

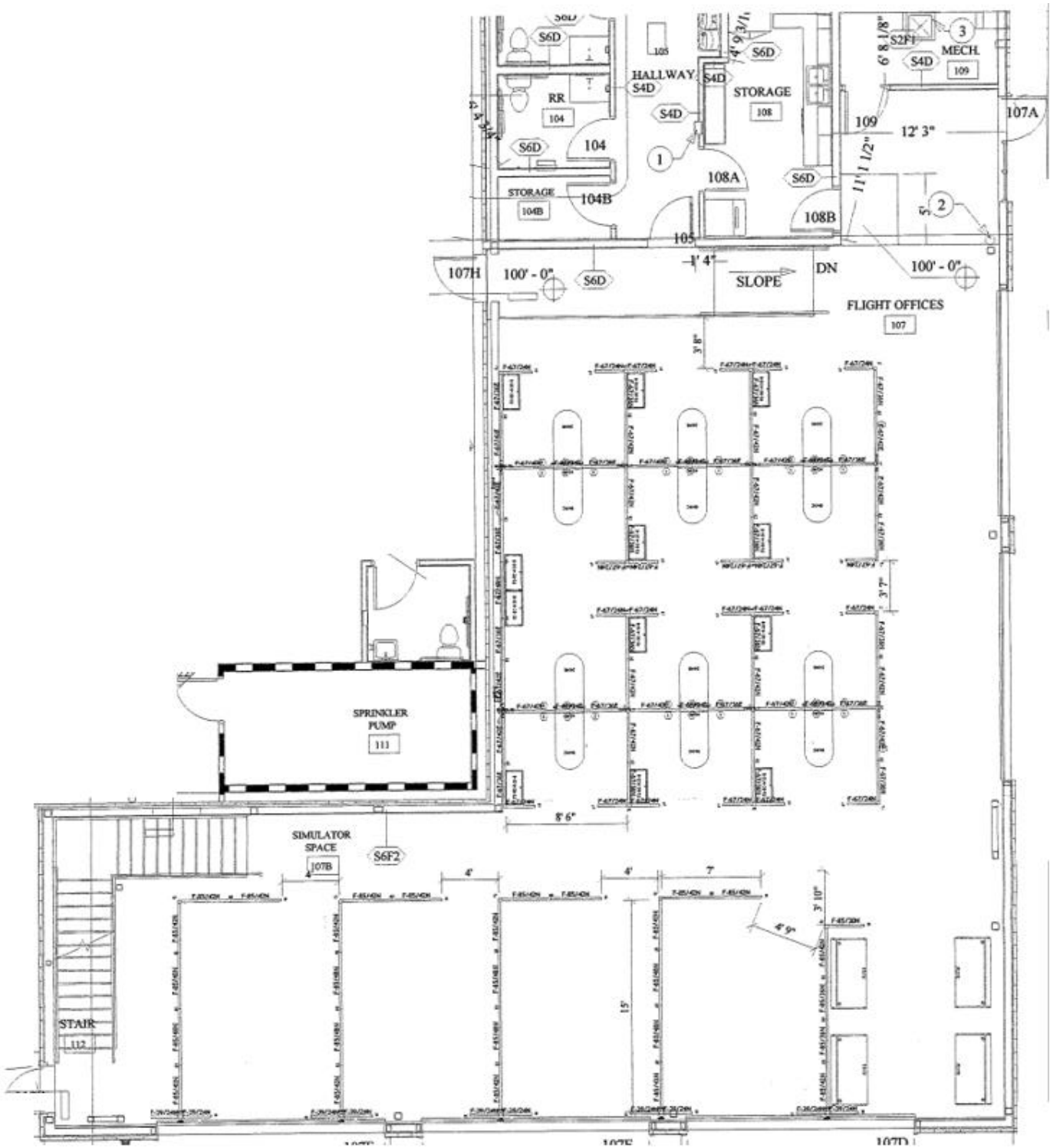


Airport Terminal (South)

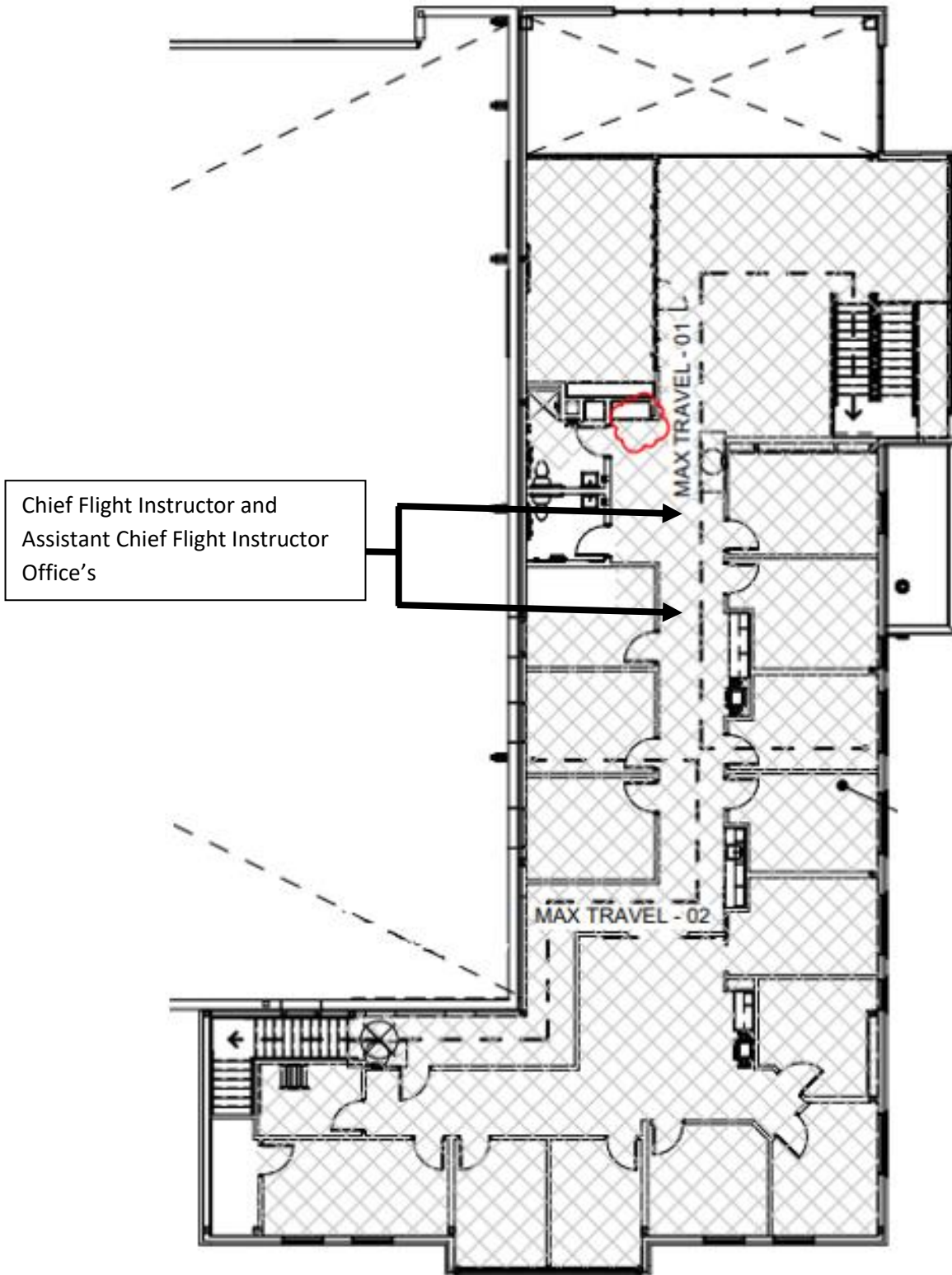
Flight Training Room, Chief/Asst. Chief Offices, Dispatch Area, Preflight Preparation Areas, Checkride Rooms



North Star Aviation Corporate Hangar (Lower Level)
Simulator Bays and Standards Department Cubicles



North Star Aviation Corporate Hangar (Upper Level)
Corporate business offices including Chief/Assistant Chief Office (indicated)



APPENDIX C

Simulator Letters of Authorization (LOA)

Precision Flight Controls:



U.S. Department
of Transportation
**Federal Aviation
Administration**

Aviation Safety

800 Independence Ave., SW
Washington DC 20591

February 27, 2024

Mike Altman
CEO, Precision Flight Controls, Inc.
2747 Mercantile Drive, Suite 100
Rancho Cordova, CA 95742

Dear Mr. Altman:

The Federal Aviation Administration (FAA) last qualified and approved your airplane Precision Flight Controls, Inc. model GTX, GTX ProMotion, GTX MAX and GTX MAX ProMotion as an Advanced Aviation Training Device (AATD) on February 25, 2020, in accordance with Title 14 of the Code of Federal Regulations (14 CFR) § 61.4(c).

Review of the revised Qualification and Approval Guide (QAG) revision 1 dated January 11, 2024, validates the current standards and criteria for approval as provided in Advisory Circular (AC) 61-136, *FAA Approval of Aviation Training Devices and Their Use for Training and Experience*. The Precision Flight Controls, Inc. model GTX, GTX ProMotion, GTX MAX and GTX MAX ProMotion airplane AATD is approved for use in satisfying the following sections of parts 61 and 141:

Precision Flight Controls, Inc.
Model GTX, GTX ProMotion, GTX MAX and GTX MAX ProMotion
Airplane Single and Multiengine Land
Advanced Aviation Training Device (AATD)

- § 61.51(b)(3) – Logbook entries;
- § 61.51 (h) – Logging training time;
- § 61.57(c)(2) – Instrument experience;
- § 61.57(d)(1) – Instrument proficiency check, per the Instrument ACS;
- § 61.65(i) – Instrument rating; up to 20 hours;
- § 61.109(k)(1) – Private Pilot Certificate aeronautical experience: up to 2.5 hours;
- § 61.129(i)(1)(i) – Commercial Pilot Certificate: up to 50 hours;
- § 61.159(a)(4)(i) – Airline Transport Pilot Certificate: up to 25 hours; and
- § 141.41(b) – Approved for use under the part 141 appendices as follows:
 - *Appendix B* – Up to 15% toward the total Private Pilot training time requirements;
 - *Appendix C* – Up to 40% toward the total Instrument training time requirements;
 - *Appendix D* – Up to 20% toward the total Commercial Pilot training time requirements;

Expires: 02/28/2029

- *Appendix E* – Up to 25% toward the total Airline Transport Pilot training time requirements;
- *Appendix F* – Up to 5% toward the total Flight Instructor training time requirements;
- *Appendix G* – Up to 5% toward the total Flight Instructor Instrument training time requirements;
- *Appendix I, Private Pilot adding Airplane Category and Single Engine or Multiengine Class Rating Course* – Up to 3 hours toward the total training time requirements;
- *Appendix I, Commercial Pilot adding Airplane Category and Single Engine or Multiengine Class Rating Course* – Up to 11 hours toward the total training time requirements;
- *Appendix I, Airline Transport Pilot adding Airplane Category and Single Engine or Multiengine Class Rating Course* – Up to 6.25 hours toward the total training time requirements; and
- *Appendix M, Combined Private Pilot Airplane Certification and Instrument Rating* – Up to 25% toward the total training time requirements

Note: Minimum training or experience requirements for cross country, night, solo, takeoffs and landings, and the 3 hours of training with an authorized instructor in preparation for the practical test within the preceding 2 calendar months from the month of the test must be accomplished in an aircraft. Private Pilot Airplane applicants must also accomplish the minimum requirement for 3 hours of control and maneuvering of an airplane solely by reference to instruments specified in § 61.109 in an airplane.

No portion of the practical test or type specific training credit can be conducted in an AATD. The flight portion of a flight review specified in § 61.56(a) cannot be accomplished in an AATD. Additionally, an instrument proficiency check (IPC) specified in § 61.57(c) cannot be completed in its entirety in an AATD (see Instrument Rating Airman Certification Standards FAA-S-ACS-8, as amended).

This approval is contingent upon the following conditions and limitations:

- 1) This AATD must maintain its performance and function without degradation. The minimum instrument requirements specified under § 91.205 for day visual flight rules (VFR) and instrument flight rules (IFR) must be functional during the training session;
- 2) Only the aircraft make/model and configurations that are in the approved QAG can be utilized. A copy of the FAA approved QAG detailing the approved makes, models, and configurations must be provided to the operator and be readily available when the AATD is in use;
- 3) A copy of this letter of authorization (LOA) must be readily available in a location near the device when in use. Additionally, a copy must be provided to the person using the above credits for pilot certification or ratings;

- 4) When used for instructional purposes, only an appropriately qualified FAA-certificated flight instructor may make any subsequent endorsements and/or pilot logbook entries. Pilot time in an ATD may be logged as instruction received, instrument time, or total time only. See FAA airman application 8710-1;
- 5) Any changes or modifications to this AATD which have not been individually reviewed, evaluated, and approved in writing by the Air Transportation Division will terminate this LOA; and
- 6) The FAA reserves the right to withdraw this LOA at any time if the Administrator determines that this AATD has been used in a manner contrary to the conditions and limitations described within this LOA, FAA regulation, guidance, or safety.

This approval is valid for sixty (60) calendar months from the date of this letter. Any requests for a new LOA should be made by the aviation training device manufacturer in writing to The Air Transportation Division at least 90 days in advance of expiration. The Air Transportation Division may require a review of the QAG, an on-site functional evaluation, and verification of all the AATD requirements as described in FAA Order 8900.1 Volume 11, Chapter 10, Section 1, *Approval, Oversight, and Authorized Use Under 14 CFR Parts 61 and 141* before a new LOA is issued.

This approval expires on February 28, 2029.

The enclosed signed QAG is approved and a copy of this letter is retained in our files.

Sincerely,

ANDREW SELIGA

Digitally signed by ANDREW
SELIGA
Date: 2024.02.27 13:52:52 -05'00'

Andrew Seliga
Section Manager, Training and Simulation Group
Air Transportation Division

Enclosure

APPENDIX D

Reference Books and Materials

The following list is not all-inclusive. Instructors may refer to any supplemental source of information (e.g. Advisory Circulars and other FAA publications, NASA training videos, FAA Safety Videos, AOPA Air Safety Foundation web-based safety training, etc.) in order to increase the quality of training. Students will refer to the REQUIRED READING/STUDY section of each lesson for specific study material.

- The Garmin GNS 430: A Pilot Friendly Manual by Jon Dittner
- Pilot Operating Handbooks / Aircraft Flight Manuals (POH/AFM)
- FAA Chart Supplements (a.k.a. Airport Facility Directory)
- Private Pilot Practical Test Oral Study Guide instructor version with answers & explanations by June Bonesteel
- Everything Explained for Professional Pilots by Richie Lengel
- Aircraft Systems for Pilots by Dale De Remer, Phd
- ASA Private Pilot Oral Exam Guide
- Jeppesen Guided Flight Discovery Private Pilot Book
- Jeppesen GFD Private Pilot Video Series on DVD
- Jeppesen Private Pilot CD-ROM (for a power point presentation)
- Gleim Private Pilot Written Test Bank
- FAA Private Pilot Practical Airmen Certification Standards
- North Star Aviation, Inc. Private Pilot ASEL Power Point Standardized Flight Training Presentation – Warrior III PA-28-161
- North Star Aviation, Inc. Standard Operating Procedures - Piper Aircraft Warrior III PA-28-161
- North Star Aviation, Inc. Preflight Power Point Presentation on the Piper Aircraft Warrior III PA-28-161
- North Star Aviation, Inc. Checklist for the Piper Aircraft Warrior III PA-28-161
- VTS, Inc. VTS Training Systems Piper Warrior and Piper Seminole aircraft systems training software
- Garmin's 400 and 500 Series online flight simulator
- Garmin's 400W and 500W Series downloadable flight simulator
- Garmin's 500 Series downloadable flight simulator
- Jeppesen's Garmin 430 and Garmin 530 Training Software
- Aeronautical Information Manual (AIM)
- Federal Aviation Regulations (FARs)
- Federal Aviation Regulations EXPLAINED by Kent Jackson
- FAA-H-8083-25A: Pilot's Handbook of Aeronautical Knowledge
- FAA-H-8083-1A: Aircraft Weight and Balance Handbook
- FAA-H-8083-3: Airplane Flying Handbook
- FAA-H 8083-6: Advanced Avionics Handbook
- FAA-H-8083-15: Instrument Flying Handbook
- FAA-H-8083-19: Plane Sense
- AC 00-6: Aviation Weather
- AC 00-45G: Aviation Weather Services



- AC 60-22: Aeronautical Decision Making
- AC 61-65: Certification - Pilots and Flight Instructors
- AC 61-67: Stall and Spin Awareness Training
- AC 61-84: Role of Preflight
- AC 90-23E: Aircraft Wake Turbulence
- AC 90-48C: Pilot's Role in Collision Avoidance
- AC 90-66A: Recommended Standard Traffic Patterns and Practices for Aeronautical Operations at Airports without Operating Control Towers
- AC 91-33A: Use of Alternate Grades of Aviation Gasoline for Grade 80/87, and use of Automotive Gasoline
- AC 91-51A: Effect of Icing on Aircraft Control and Airplane Deice and Anti-ice Systems
- AC 91-67: Minimum Equipment for General Aviation Operations under FAR Part 91
- AC 120-51: Crew Resource Management Training
- AC 00-54: Pilots Windshear Guide
- AC 00-24B: Thunderstorms
- AC 00-34A: Aircraft Ground Handling and Servicing
- AC 20-43C: Aircraft Fuel Control
- AC 20-73A: Aircraft Ice Protection
- AC 43-9C: Maintenance Records
- AC 43-12A: Preventative Maintenance



APPENDIX E

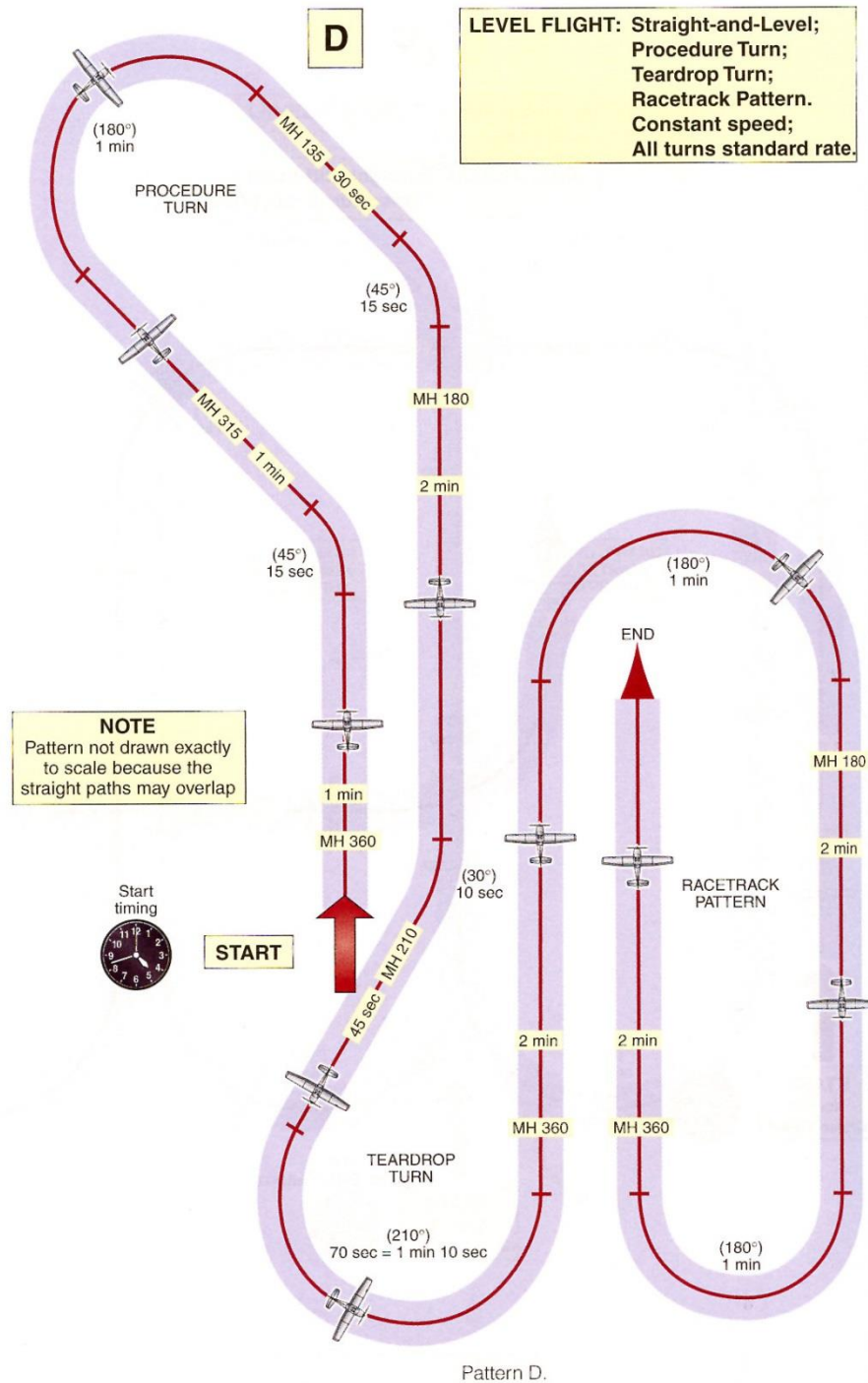
Acronyms

A/C	Aircraft	EFIS	Electronic instrument flight system
AC	Advisory Circular	ELT	Emergency Locator Transmitter
ACS	Airmen Certification Standards	ETA	Estimated Time of Arrival
AD's	Airworthiness Directive's	ETE	Estimated Time Enroute
ADC	Air Data Computer	FAA	Federal Aviation Administration
ADM	Aeronautical Decision Making	FAASTeam	FAA Safety Team
AFD	Airport/Facility Directory	FAF	Final Approach Fix
AGL	Above Ground Level	FAR	Federal Aviation Regulation
AHRS	Attitude Heading Reference System	FBO	Fixed Base Operator
AIM	Aeronautical Information Manual	FD	Flight Director
AIRMET	Airmen's Meteorological Information	FOM	Flight Operations Manual
ALS	Approach Lighting System	FSDO	Flight Standards District Office
AME	Airmen Medical Examiner	FSS	Flight Service Station
AMEL	Airplane Multi Engine Land	GNSS	Global Navigation Satellite System
AOA	Angle Of Attack	GPS	Global Positioning System
APP	Approach	GS	Glide Slope
ARR	Arrival	HAT	High Above Touchdown
ARTCC	Air Route Traffic Control Center	HIRL	High Intensity Runway Lights
ASAP	Aviation Safety Action Program	HSI	Horizontal Situation Indicator
ASEL	Airplane Single Engine Land	HWAS	Hazardous In-Flight Weather Advisory System
ASI	Airspeed Indicator	IAF	Initial Approach Fix
ASR	Airport Surveillance Radar	IAP	Instrument Approach Procedure
ATC	Air Traffic Control	IF	Intermediate Fix
ATIS	Automated Terminal Information Service	IFR	Instrument Flight Rules
AWOS	Automated Weather Observing System	ILS	Instrument Landing System
CAP	Civil Air Patrol	IMC	Instrument Meteorological Conditions
CDI	Course Deviation Indicator	KCAS	Knots Calibrated Airspeed
CDL	Configuration Deviation List	KIAS	Knots Indicted Airspeed
CFI	Certified Flight Instructor	LDA	Localizer Directional Aid
CFIT	Controlled Flight Into Terrain	LLWAS	Low Level Wind Shear Alert System
CFR	Code of Federal Regulations	LNAV	Lateral Navigation
CG	Center of Gravity	LOA	Letter Of Authorization
CRM	Crew Resource Management	LOC	Localizer
DA/H	Decision Altitude/Height	LPV	Localizer Performance w/ Vertical Navigation
DEP	Departure	MAA	Maximum Authorized Altitude
DG	Directional Gyro	MAP	Missed Approach Point
DME	Distance Measuring Equipment	MCA	Minimum Crossing Altitude
DP	Departure Procedure	MDA	Minimum Descent Altitude
EFB	Electronic Flight Bag	MEA	Minimum Enroute Altitude
EFC	Expect Further Clearance	MEL	Minimum Equipment List



METAR	Meteorological Information	SIGMET	Significant Meteorological Information
MFD	Multifunction Flight Display	SM	Statute Mile
MOA	Military Operations Area	SMS	Safety Management System
MOCA	Minimum Obstacle Clearance Altitude	SOP	Safety Operating Procedure
MRA	Minimum Reception Altitude	SPRM	Single Pilot Resource Management
MSA	Minimum Safe Altitude	STAR	Standard Terminal Arrival Route
MSL	Mean Sea Level	SUA	Special Use Airspace
MVFR	Marginal Visual Flight Rules	TCO	Training Course Outline
N/A	Not Applicable	TFR	Temporary Flight Restriction
NAVAID	Navigation Aid	TOGA	Take Off/Go Around
NDB	Nondirectional Beacon	TRACON	Terminal Radar Approach Control
NEXRAD	Next Generation Weather Radar	TRSA	Terminal Radar Service Area
NM	Nautical Mile	TSA	Transportation Security Administration
NOTAM	Notice to Airmen	TXY	Taxiway
NTSB	National Transportation Safety Board	TFR	Temporary Flight Restriction
OAT	Outside Air Temperature	TOGA	Take Off/Go Around
OBS	Omni Bearing Selector	TRACON	Terminal Radar Approach Control
ODP	Obstacle Departure Procedure	TRSA	Terminal Radar Service Area
OEI	One Engine Inoperative	TSA	Transportation Security Administration
OROCA	Off Route Obstacle Clearance Altitude	TXY	Taxiway
OTS	Out of Service	UAS	Unmanned Aircraft System
PAPI	Precision Approach Path Indicator	UTC	Coordinated Universal Time (ZULU)
PAR	Precision Approach Radar	VASI	Visual Approach Slope Indicator
PED	Personal Electronic Device	VDP	Visual Descent Point
PFD	Primary Flight Display	VFR	Visual Flight Rules
PIC	Pilot In Command	VHF	very high frequency
PIREP	Pilot Weather Report	VMC	Visual Meteorological Conditions
POH	Pilot's Operating Handbook	VNAV	Vertical Navigation
RCO	Remote Communications Outlet	VOR	VHF Omnidirectional Range
REIL	Runway End Identifier Lights	VOR/DME	VOR/Distance Measuring Equipment
RNAV	Area Navigation	VORTAC	VOR with TACAN
RPM	Revolutions Per Minute	VOT	VOR Test Facility
RVR	Runway Visual Range	VSI	Vertical Speed Indicator
RWY	Runway	WAAS	Wide Area Augmentation System
SDF	Simplified Directional Facility	WX	Weather

APPENDIX F PATTERN D



APPENDIX G **VERTICAL S**

General Information

The Vertical S maneuver is used to practice instrument scanning and aircraft control. The goal of the Vertical S is to establish a constant climb/descent rate at a given airspeed. This requires precise pitch/power manipulation, and having the airplane trimmed for airspeed at the required bank angle before beginning the maneuver is critical. There are three Vertical S maneuvers: straight ahead (Vertical S-1), continuous turn (Vertical S-2), and turn reversal (Vertical S-3). The descending Vertical S-1, flown while maintaining a course, mimics the final segment of a stabilized instrument approach.

Vertical S-1

1. Fly a continuous heading or course (e.g. GPS; VOR; LOC) throughout the maneuver
2. Maintain altitude and trim the aircraft for a specified airspeed (e.g. 90 KIAS)
3. Begin a climb at a specified rate (e.g. 500 fpm) by adding power; adjust pitch to hold airspeed
4. After one minute the airplane will be 500 feet higher than its original altitude (in this example); reduce power and begin a descent at the same rate (e.g. 500 fpm) while maintaining airspeed
5. After one additional minute the airplane will return to its original altitude

Vertical S-2

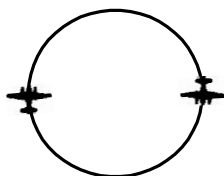
1. Enter a standard-rate turn, left or right; maintain throughout the maneuver
2. Maintain altitude and trim the aircraft for a specified airspeed (e.g. 90 KIAS)
3. When passing through a cardinal heading (N, S, E, or W) begin a climb at a specified rate (e.g. 500 fpm) by adding power; adjust pitch to hold airspeed
4. After one minute the airplane will be 500 feet higher than its original altitude (in this example), and 180-degrees away from its original heading; reduce power and begin a descent at the same rate (e.g. 500 fpm) while maintaining airspeed
5. After one additional minute the airplane will return to its original altitude and heading

Vertical S-3

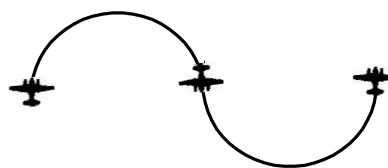
1. The vertical S-2 is identical to the vertical S-1, except that the direction of turn is reversed with each reversal of vertical direction (i.e. if turning left in the climb, turn right in the descent.)
2. After two minutes the airplane will return to its original altitude and heading.



Vertical S-1



Vertical S-2



Vertical S-3